

WELCOME

Dear colleagues and friends,

It is our pleasure to welcome you to the 39th Annual EABCT Congress in Dubrovnik, Croatia.

We are honoured to have the opportunity to host the congress in one of the most beautiful cities in south-east Europe with remarkable history, art, culture and charm. By coming to Dubrovnik you will be able to enjoy the pleasures of beautiful beaches, Mediterranean food, good wine, but also the company and warm hospitality of its inhabitants.

The scientific programme is conceptualized to demonstrate up-to-date status and stress new perspectives in practice, teaching and research of CBT. Besides 16 invited lectures, led by experts in their own field, there are 38 symposia, 24 individual paper sessions with 113 individual papers, 170 poster presentations, and 15 pre-congress and 24 in-congress workshops.

As the field of cognitive-behavioural therapies has become very broad, the congress topics are focused on the latest conceptualization of psychopathology in adulthood, elderly and childhood, perspective treatment techniques and their evaluation, as well as on application of CBT techniques in the fields outside psychopathology, primarily behavioural medicine (physical health problems), but also education and parenting. There are also topics on the training and supervision in CBT.

We are very pleased that our congress attracted many young therapists, as well as our colleagues from all over the world, outside of Europe. The congress offers the opportunity for all of you to present your work, discuss different topics, to teach your colleagues or learn from others, meet old friends or make new ones.

It is for the first time that Croatian Association for Behavioural and Cognitive Therapies is hosting the European congress and it is a great honour and in the same time the great challenge for us.

We have done our best to make your stay in Dubrovnik unforgettable experience. So we have planned a rich social program with several gatherings accompanied with local music, dance, food and drinks. Different excursions will give you the opportunity to enjoy the cultural and historical beauty, as well as gastronomic specialities of Dubrovnik and its surroundings.

We hope you will go back home with new knowledge, ideas, friends and nice memories.

Welcome to the 39th Annual EABCT Congress in the beautiful city of Dubrovnik, pearl of the Adriatic.

Nada Anić

Congress President

Ivanka Živčić-Bećirević

Chair of the Scientific Committee

ORGANIZERS

Croatian Association for Behaviour and Cognitive Therapies

The Croatian Association for Behaviour and Cognitive Therapies originates from the Group for Behaviour Therapy, which was part of the Clinical Psychology Section of the Croatian Association for Psychology. The main activities of the Group were education of clinical and school psychologists through seminars and workshops, participation on conferences and publishing in the specialized journals. With the gradual expansion of the Group's activities and its membership, the Croatian Association for Behaviour Cognitive Therapies was founded in 1995. CABCT has become a member of EABCT in 1998.

The members of CABCT (currently close to 100) are psychologists and medical doctors. Despite of problems in regulating CBT as psychotherapy by law in Croatia, CABCT continuously works on several fields. The main activity of the association is the organization of training courses, which follow the training standards suggested by EABCT. Other activities include promotion and popularization of CBT in Croatia, where the psychodynamic therapy conducted by psychiatrists is still dominant.

The complete training programme lasts 5 years and consists of 3 levels (basic, advanced and supervision). There are training courses running continuously in four centres in Croatia. The standard programme is also accepted and running in Slovenia and Bosnia and Herzegovina.

In addition to the standard training programme CABCT organizes different workshops on specific topics held by international experts.

The members of CABCT participate actively at conferences for psychiatrists and psychologists in Croatia and other European countries, and their articles are published in Croatia, Slovenia and Bosnia and Herzegovina. The CABCT has published three handbooks. For more information please visit the website: www.cabct.hr.

It is the first time that the CABCT has the pleasure to organize an EABCT congress.

www.cabct.hr; info@cabct.hr

LOCAL ORGANIZING AND SCIENTIFIC COMMITTEE

Nada Anić, *Congress President*
Ivanka Živčić-Bećirević, *Chair of Scientific Committee*
Dražen Begić
Nataša Jokić-Begić
Anita Lauri Korajlija
Josip Lopižić
Miranda Novak
Tamara Sremec

INTERNATIONAL SCIENTIFIC BOARD

Philip Kendall, USA
Lars-Göran Öst, Sweden
Costas Papageoriou, UK
Gregoris Simos, Grece
Mehmet Zihni Sungur, Turkey
Philip Tata, UK

Congress Organization's local agent (for accommodation, exhibition, social programme, transfers):

DUBROVNIK CONGRESS SERVICE
Iva Vojnovića 9, 20000 DUBROVNIK
Phone: +385 20 333 552, Fax: +385 20 333 336
Gsm: +385 91 763 3456 or +385 91 924 76 86
www.dubrovnikcongress.com

GENERAL INFORMATION

CONGRESS VENUE

39th Annual EABCT Congress will be held at Valamar hotels (Lacroma Resort, President and Argosy), Babin Kuk, Dubrovnik. Babin Kuk complex is the peninsula encircled on 3 sides by the sea and vivid pebbled and rocky beaches. The distance between hotels is easy to walk through the park. You can find a map of Babin kuk and a map of congress halls in Lacroma Resort at the end of this book and a small map in your accreditation bag.

Most of the program (lectures, symposia, individual papers and poster sessions, book exhibition) will be held in hotel Lacroma. All in-congress workshops will be held in Hotel President, and pre-congress workshop in all three hotels.

REGISTRATION

The registration and information desk is located in Valamar Lacroma resort, in the big area in front of Elafiti conference hall.

Registration desk will be open during the following hours:

TUESDAY: 16.00-19.00

WEDNESDAY: 8.00-18.00

THURSDAY: 8.00-18.00

FRIDAY: 8.00-18.00

SATURDAY: 8.30-14.30

REGISTRATION FEE INCLUDES:

- Admission to the scientific sessions from Thursday 16th to Saturday 19th September - except for the pre-congress and in-congress workshops
- Access to the exhibition area and poster sessions
- Programme and abstract book
- Entrance to Opening ceremony and welcome reception
- Closing ceremony
- A certificate of attendance
- Coffee breaks and lunch on Thursday, Friday and Saturday
- Entrance and consumption of one drink at International evening

The fee **does not** include the congress dinner or admission to the workshops.

ACCOMPANYING PERSON'S FEE INCLUDES:

- Access to the exhibition area and poster sessions
- Opening ceremony and welcome reception
- Closing ceremony

The fee **does not** include the congress dinner, lunch or coffee in the congress venue or admission to the scientific sessions.

EABCT GENERAL MEETINGS

Thursday 17th September, 12.30–14.00

Friday 18th September, 12.30-14.00

Location: Hotel President, restaurant (separate section)

For EABCT Board members and national representatives lunch will be served during the meetings.

PRACTICAL INFORMATION

Congress assistants

Congress assistants (dressed in EABCT congress T-shirts or Dubrovnik Congress Service T-shirts) will help you in all practical matters. Just ask them when you need help.

Certificate of Attendance

Certificate of Attendance will be given to all participants in congress materials.

Language

The official conference language is English. No translation will be provided.

Lunch and coffee breaks

Lunch and coffee will be served in the Valamar Lacroma Resort's restaurant. Pre-congress workshops participants will get coffee and lunch in the same hotel where the workshop is held. Besides the light lunch that is included in your registration fee, there will be a possibility to enjoy a full meal or local specialties in a number of non-expensive small restaurants close to the congress venue.

Name Badge and Tickets

You will receive a name badge on registration. Please wear your badge at all times, as it will serve as your "ticket" for conference events. You will also receive tickets for some social events that are included in the registration fee or you paid for them in advance. Please keep the tickets with you as they will be required on admission. There will be a charge of 25 € for a new name badge if you lose it.

Climate

Dubrovnik enjoys a warm climate. In September, the weather is usually warm and sunny with temperatures averaging approximately 20-25°C.

Credit cards and currency

Major credit cards (VISA, American Express, Diners and Eurocard/Master Card) are accepted in most shops, hotels and restaurants in Dubrovnik. It is advisable to carry an identity card or some form of photo identification at all times. The Croatian Kuna (HRK) is the official currency of Croatia. Current exchange rate 1 € = 7,32 HRK (as on August 31, 2009).

Disabled persons

The Valamar Lacroma Resort is equipped with facilities for disabled persons.

Electricity

The normal electricity supply is 220 volts.

Insurance

The organisers will not accept liability for individual medical, travel or personal insurance. It is highly recommended that all participants carry proper health and travel insurance.

Medical service

Ambulance services emergency number: 94

Police

Police services emergency number: 92

Local time

The local standard time zone in Dubrovnik is CET (GMT + 1 hour).

Public transportation

Local bus-lines 5, 6 and 9 connect Babin Kuk and Old City. The ticket price in the bus is 10 HRK (cca 1.3 €) and if bought on news-stand (or hotel) the price is 8 HRK (cca 1 €). They usually run from 5.00 to midnight or 1.00.

Taxi–phone number is 0800 1441. Approx. price from Valamar Lacroma Resort to Old City is 10 €.

TIC (Touristic information centre) – is located at Stradun (the main street in the Old City) by the Big Onofrio's fountain. Address: 21 Placa - Stradun, Dubrovnik

Shops

Shops are usually open from Monday to Saturday, 09.00-20.00 hours. Some supermarkets, department stores, and specialty shops are also open on Sundays.

Smoking

The 39 EABCT Congress is a non-smoking congress. Smoking is not permitted in any of the congress or hotel halls. In Croatia smoking is restricted in all public places, including restaurants and coffee shops (besides open terraces).

SOCIAL PROGRAMME

Wednesday, 16th September

Welcome reception

After opening ceremony in Elafiti hall you are all invited to the welcome reception at the terrace of Valamar Lacroma Resort, starting at 20.00. Domestic drinks and some light bites will be served. It is free of charge for all participants and their accompanying persons.

Thursday 17th September

International evening

If you want to meet the colleagues and make new friends, join us at the international evening and have fun with good music and drinks, right on the beach. Enjoy relaxed atmosphere enriched with sounds and scent of Mediterranean Sea. You don't need to register for this event, just walk to the beach in close vicinity of the congress venue.

You can find the entrance ticket in your registration's pack and one complimentary drink on arrival is included. If you did not have your dinner before, there will be a possibility to order some food (grill).

There will be live music from 20.00 to midnight, but you are welcome to stay and have fun longer.

Friday 18th September

Congress dinner

Congress dinner will take place in a small resort town of Cavtat, just south of Dubrovnik. We'll embark on old-timer motorboat at 19.00 from port Gruž and enjoy 30-minute ride with a beautiful view on the old city. You will be informed about bus transportation from Hotel Valamar Lacroma to port Gruž, starting at 18.30.

In Cavtat we'll be served with tasty local specialties in a nice gourmet restaurant close to the sea. The atmosphere will be enriched with Dalmatian close-harmony singing (klapa). We'll return to Dubrovnik by buses.

You can find more information about Cavtat here: <http://www.tzcavtat-konavle.hr/cavtat.php?lang=en>

You have to register for congress dinner in advance. Price is 95 € per person, with transfer to Cavtat and served drinks included.

Saturday 19th September

Closing ceremony

Lacroma, Elafiti conference hall, 15.15

Excursions

Dubrovnik – sightseeing tour

The tour begins with a coach drive (conference venue – old town). We continue with the walking tour of the city, which is on the UNESCO-s List of World Patrimony due to its exceptional beauty and its rich cultural heritage.

This ancient town, surrounded by strong ramparts and fortresses, is a treasure trove of architectural and cultural masterpieces, scrupulously preserved over the centuries. A pleasant walk will take us to the Rector's Palace, the Dominican Monastery and to other places of interest.

Dates: 16th and 17th September 2009, 15.00–17.00 h

Registration on site: € 40,00 per person

Three Island Cruise – full day tour

For the visitors seeking peace, tranquility and charm – the Elaphite islands are paradise.

This cruise takes you for a visit to the three largest and only inhabited islands in the group: Koločep, Lopud and Šipan. Abounding in luxuriant subtropical vegetation of laurel, pine, cypress and olive trees, thyme and rosemary, the islands used to be a favourite place for summer residence of Dubrovnik aristocracy. Ruins of former residences are scattered along wooden slopes of the islands. Koločep is covered by dense pine forest with picturesque fisherman village lying along the bay. Sudurađ, small place on the island of Šipan, is fisherman's port with a 16th century summer villa of the Skočibuha family. Island of Lopud is home of famous captains and sailors. You shall take a "lungo-mare" walk to the Franciscan monastery and St Mary church from 15th century, but also 19th century Gjorgic-Mayneri Park will be seen.

Dates: 16th September 2009, full day

Registration on site: € 50,00 per person

Island of Korčula – full day tour

Lying on a small peninsula surrounded by city walls and fortresses, Korčula is one of the most beautiful medieval cities on the Adriatic coast. Korčula is also considered to be a birthplace of Marko Polo, famous world traveler and the legend has it that the town of Korčula was founded by the Trojan hero Antenor. In any case, the stormy and long history of the town has left numerous traces, visible at every step made along the streets and squares of this lovely town. Except its charming streets and squares with Renaissance palace, town loggia and magnificent Cathedral of St Mark – city's patron saint will be visited.

Excursion will be made by bus across the picturesque peninsula of Pelješac, renowned wine growing area with famous wine cellars for wine tasting.

Dates: 19th September 2009, full day

Registration on site: € 65,00 per person

Ston-Trsteno excursion / Mediterranean Gardens – half day tour

In the time of Dubrovnik Republic, Ston was the second most important town. It was among the first towns in Europe built in 15th century according to a town-planning project. Its wealth was derived from the salt works that are still in function today. Although being known for the spectacular 5 kilometers long city walls, that are considered to be the second longest in the world, today this region is predominantly known as the "oyster capital" of Croatia. Ston is also famous for its rectangular scheme of streets and squares and its Rector's Palace.

Trsteno can be described as a successful attempt to fit natural characteristics together in order to achieve perfect harmony between man and nature. The village is famous for the two gigantic plane trees, both over 500 years old, which today are part of the oldest botanic garden in Croatia – Arboretum. Established at the end of 15th century, as a summer residence of patrician family Gučetić, today it presents the finest example of Croatian landscape architecture. Residence is located in Arboretum and is surrounded by beautiful Renaissance garden. It is possible to take a walk to the baroque Neptune's fountain immersed in the luxuriant subtropical vegetation of magnolia, black bamboo, laurel, eucalyptus, palm and camphor trees. You can also enjoy a view over the islands on the Adriatic Sea.

Dates: 18th September 2009, half day, morning tour

Registration on site: € 45,00 per person

SCIENTIFIC PROGRAMME

as on September 5, 2009

Pre-congress workshops – Wednesday 9.00-17.00

Registration for the pre-congress workshops is obligatory. If you have not done it in advance, you can register now at the registration desk. You will be required to show receipt at the entrance.

There will be handouts in the lecture room if we have received them on time.

Author	Title	Hotel	Hall
Mark Reinecke	CBT for depressed adolescents	President	Olipa 2
James Bennett-Levy	CBT training and supervision: What should we be training and how should we be doing it?	Argosy	Galijun
Tom Borkovec	Cognitive behavioral therapy for generalized anxiety disorder	Argosy	Karaka
Tullio Scrimali	Cognitive therapy and rehabilitation for schizophrenic patients	Lacroma	Divona 2
David M. Clark	Cognitive therapy for social phobia	Lacroma	Elafiti 1
Mehmet Zihni Sungur	Cognitive-behavioral systems approach in couple and sex therapy	Lacroma	Divona 1
Paul Salkovskis	Cognitive-behavioural treatment for OCD: helping people to choose to change	Lacroma	Elafiti 2
Riccardo Dalle Grave	Cognitive behavior therapy multi-step for eating disorders	Argosy	TV-room
Frank M. Dattilio	Comprehensive cognitive-behavior therapy with couples and families	Lacroma	Asimon
Adrian Wells	Metacognitive therapy for PTSD and GAD	Lacroma	Elafiti 3
Costas Papageorgiou	Metacognitive therapy for rumination and depression	Lacroma	Elafiti 4
Arthur Freeman	Prescriptive executive coaching: A cognitive behavioral model for executive coaching	Lacroma	Bokar
Lars-Göran Öst	Rapid and effective treatment of specific phobias	President	Olipa 1
Philip Kendall	Treating anxiety disorders in youth: Clinical strategies within empirically-supported protocols	President	Ruda
Michael Bruch	Understanding complex problems: The case formulation approach In CBT	President	Olipa 3
Claudia Herbert	When thoughts fail to surface - Body staging as a method for accessing & processing dissociated trauma experiences in Complex Trauma and Dissociative Identity Disorder (DID)	President	Tajan

In-congress workshops

You can still book your place at the registration desk (75 EUR).

Thursday, 9.00-12.30

W1: A CBT and mindfulness integrated protocol for treatment of psychoses

Antonio Pinto, *Department of Mental Health, Naples, Italy*

W2: Imagery-based CBT treatment for trauma & PTSD: Imagery rescripting and reprocessing therapy (IRRRT)

Mervin Smucker, *Medical College of Wisconsin, USA*

W3: Group CBT in anxiety disorders

Jan Prasko, Barbora Bulikova, *University Hospital Olomouc, Czech Republic*

W4: Motivation and change: cognitive behaviour therapy applied to addiction

Ryan Frank, *University of London, UK*

W5: Affect phobia: How exposure and desensitization of feelings promote change

Leigh McCullough, *Modum Bad Psychiatric Center, Norway*

Thursday, 14.00-17.30

W6: Cognitive grief therapy -The ABC of adaptive bereavement process following a loss through death

Ruth Malkinson, *Israeli Center of REBT, Israel*

W7: Mindfulness-based cognitive interventions for obsessive-compulsive disorder

Fabrizio Didonna, *Casa di Cura Villa Margherita, Italy*

W8: Prevention of relapse in recurrent depression using a new form of cognitive therapy

Claudi Bockting, *University Groningen, The Netherlands*

W9: Do's and don'ts in trauma therapy: Practical strategies for working with trauma – A positive growth approach

Claudia Herbert, *The Oxford Development Centre and The Oxford Stress and Trauma Centre, UK*

W10: "I'm not going to become a therapist but I want to know about CBT": issues and challenges for training

Metka Shawe-Taylor, *Surrey and Borders Partnership NHS Foundation Trust, UK*

Friday, 9.00-12.30

W11: Reinventing Columbus' egg: the role of compassionate therapy relationship in the treatment of major depression and personality disorders

Dora Perczel Forintos, *Semmelweis University, Hungary*

W12: Imago relationship therapy - Emotional & cognitive-behavioral approach to work with couples

Ljiljana Bastaić, *Center Lj. Bastaic for psychotherapy and consultation, Croatia*

W13: Catastrophic scenario in the treatment of hypochondriasis, OCD and anxiety disorders

Jan Prasko, Barbora Bulikova, Andrea Cinculova, *University Hospital Olomouc, Czech Republic*

W14: Interpersonal and experiential therapies for generalized anxiety disorder

Tom Borkovec, *Penn State University, USA*

Friday, 14.00-17.30

W15: Mindfulness-based cognitive interventions for psychiatric disorders in outpatient and inpatient treatment

Fabrizio Didonna, *Casa di cura Villa Margherita, Italy*

W16: Structured writing therapy for ASD and PTSD

Arnold Van Emmerik, Jan Henk Kamphuis, *University of Amsterdam, The Netherlands*

W17: CBT for Panic Disorder

Gregoris Simos, *Aristotelian University of Thessaloniki, Greece*

W18: Metacognitive therapy for obsessive compulsive disorder

Peter Fisher, *University of Liverpool, UK*

W19: Personality disorders in childhood and adolescence

Arthur Freeman, *Governors State University, USA*

Saturday, 9.00-12.30

W20: Integrating imagery rescripting with art therapy in the treatment of traumatic memories

Anja Moeller, *Schoen Klinik Bad Bramstedt, Germany*

Mervin Smucker, *Medical College of Wisconsin, USA*

W21: Dialectical Behaviour Therapy for PTSD and Pervasive Emotional Dyscontrol (DBT-PTSD) - a new treatment for patients suffering from Posttraumatic Stress Disorder plus comorbid disorders after childhood sexual abuse

Regina Steil, *University Frankfurt Main, Germany*

Anne Dyer, Kathlen Priebe, Martin Bohus, *Central Institute for Mental Health Mannheim, Germany*

W22: Multifaceted assessment and treatment of erectile dysfunction: Cognitive behavioral, mechanical, and pharmacological interventions

Sharon Freeman, *Center for Brief Therapy & Indiana/Purdue University, USA*

Chris Steidle, David Pollifrone, *Northeast Indiana Research, LLC, Fort Wayne, Indiana, USA*

Janet Casperson, *Northeast Indiana Research, LLC, Fort Wayne, Indiana, USA*

W23: Changing thoughts and beliefs to reduce OCD symptoms

Sabine Wilhelm, *Harvard Medical School, USA*

Gail Steketee, *Boston University, USA*

W24: Cognitive behavioral interventions for adolescent mood disorders

Lorie Ritschel, W. Edward Craighead, *Emory University School of Medicine, USA*

Wednesday

9.00-17.00 Pre-congress workshops (see page 10)

10.30-11.00 Coffee break

12.30-13.30 Lunch break

15.00-15.30 Coffee break

Coffee and lunch will be served in the same hotel as the workshop.

18.00 Opening ceremony

Lacroma, Elafiti hall

Keynote address: Cognitive-behavior therapy: from science to practice

David M. Clark, *King's College London, UK*

20.00 Welcome reception

Valamar Lacroma Resort terrace

Thursday

8.00-9.30 Symposia

Symposium 1: The role of information processing biases in the development of childhood anxiety

Lacroma, Elafiti 1

Convenors: Suzanne Broeren⁽¹⁾, Peter Muris⁽¹⁾, Andy Field⁽²⁾, Julie Hadwin⁽³⁾, Jorg Huijding⁽¹⁾

⁽¹⁾ *Erasmus University Rotterdam, The Netherlands*; ⁽²⁾ *University of Sussex, UK*; ⁽³⁾ *University of Southampton, UK*

Chair: Peter Muris, *Erasmus University Rotterdam, The Netherlands*

- 8.00 Developmental patterns in information-processing biases in anxious and non-anxious children
Suzanne Broeren, Peter Muris
Erasmus University Rotterdam, The Netherlands
- 8.20 Cognitive-behavioural processes in the intergenerational transmission of fear to children
Andy Field⁽¹⁾, Kathryn Lester⁽¹⁾, Sam Cartwright-Hatton⁽²⁾
⁽¹⁾ *University of Sussex, UK*; ⁽²⁾ *University of Manchester, UK*
- 8.40 A behavioural route to dysfunctional representations: The effects of training approach or avoidance tendencies towards novel animals in children
Jorg Huijding⁽¹⁾, Andy Field⁽²⁾, Jan De Houwer⁽³⁾, Katrien Vandenbosch⁽³⁾, Mike Rinck⁽⁴⁾
⁽¹⁾ *Erasmus University Rotterdam, The Netherlands*; ⁽²⁾ *University of Sussex, UK*; ⁽³⁾ *Ghent University, Belgium*; ⁽⁴⁾ *Radboud University Nijmegen, The Netherlands*
- 9.00 An exploration of inhibitory processes in childhood anxiety
Julie Hadwin
University of Southampton, UK

Symposium 2: Cognitive-Emotional Processes & Sexual Dysfunction

Lacroma, Elafiti 2

Convenors: Pedro Nobre⁽¹⁾, Sandra Vilarinho⁽²⁾, Joana Carvalho⁽¹⁾, Ana Luísa Quinta Gomes⁽¹⁾, Cátia Oliveira⁽¹⁾

⁽¹⁾ *Universidade de Trás-os-Montes e Alto Douro, Portugal*; ⁽²⁾ *Universidade de Coimbra, Portugal*

- 8.00 Predictors of women's sexual satisfaction and functioning: The role of well being and sexual esteem
Sandra Vilarinho⁽¹⁾, Pedro Nobre⁽²⁾
⁽¹⁾ *Universidade de Coimbra, Portugal*; ⁽²⁾ *Universidade de Trás-os-Montes e Alto Douro, Portugal*
- 8.20 Predictors of men's sexual desire: Implications from psychopathology, cognitive-emotional factors, relationship dimensions and medical problems
Joana Carvalho, Pedro Nobre
Universidade Trás-os-Montes e Alto Douro, Portugal
- 8.40 The role of emotions and psychopathology on women's and men's sexual functioning
Cátia Oliveira, Pedro Nobre
Universidade de Trás-os-Montes e Alto Douro, Portugal
- 9.00 Psychophysiology variables on sexual disfunction
Pedro Laja⁽¹⁾, Pedro Nobre⁽²⁾
⁽¹⁾ *Universidade de Aveiro, Portugal*; ⁽²⁾ *Universidade de Trás-os-Montes e Alto Douro, Portugal*

Symposium 3: OCD: Clinical Research and Implications for Practice

Lacroma, Elafiti 3

Convenor: Barbara Barcaccia, *Associazione di Psicologia Cognitiva, Italy*

- 8.00 Efficacy of a multifamily psychoeducational group intervention for family members of obsessive-compulsive disorder patients
Umberto Albert, Giuseppe Maina, Cinthia Brunatto, Filippo Bogetto
University of Turin, Italy
- 8.20 Interpersonal cycles in the treatment of OCD: empirical data and indications for treatment
Angelo Maria Saliani, Barbara Barcaccia
Associazione di Psicologia Cognitiva, Italy
- 8.40 Treating Obsessive-Compulsive Disorder: results of an outcome naturalistic open study and implications for therapy
Barbara Barcaccia, Andrea Gragnani, Claudia Perdighe, Angelo Maria Saliani, Francesco Mancini
Associazione di Psicologia Cognitiva, Italy
- 9.00 Early and late onset of OCD: two subgroups with common and distinct needs in therapy?
Gisela Röper⁽¹⁾, Michael Zaudig⁽²⁾
(1) Ludwig-Maximilians-Universität München, Germany; (2) Psychosomatische Klinik, Windach/Ammersee, Germany

Symposium 4: Worry, rumination and perfectionism in diverse psychopathologies

Lacroma, Elafiti 4

Convenors: Giovanni Maria Ruggiero⁽¹⁾, Barbara Hoff Esbjørn⁽²⁾, Liesbet Boone⁽³⁾, Gabriele Caselli⁽⁴⁾
(1) "Psicoterapia Cognitiva e Ricerca" Cognitive Psychotherapy School, Italy; (2) University of Copenhagen, Denmark; (3) Ghent University, Belgium; (4) Roehampton University, UK

- 8.00 An empirical typology of perfectionism in early adolescents and its relation with eating disorder symptoms
Liesbet Boone, Bart Soenens, Caroline Braet
Ghent University, Belgium
- 8.25 Generalized anxiety disorder in an 11-year-old girl: a single case study
Barbara Hoff Esbjørn, Patrick Bender
University of Copenhagen, Denmark
- 8.50 Rumination as a predictor of relapse in alcohol abuse
Gabriele Caselli⁽¹⁾, Mauro Leoni⁽²⁾, Francesco Rovetto⁽³⁾, Marcantonio M. Spada⁽¹⁾
(1) Roehampton University, UK; (2) Fondazione Sospiro, Italy; (3) University of Pavia, Italy

8.00-9.30 Individual papers

Individual papers 1: Social Anxiety

Lacroma, Bokar

Chair: Nataša Jokić-Begić, *University of Zagreb, Croatia*

- 8.00 Effects of engage and disengage attention from threat stimuli in social phobia
Alexandre Heeren, Pierre Philippot
Université Catholique de Louvain, Belgium
- 8.15 Cultural differences in social anxiety disorder: how are they explained?
Noortje Vriends⁽¹⁾, Magdalena Halim⁽²⁾
(1) University of Basel, Switzerland; (2) Atma Jaya University, Indonesia
- 8.30 Social interaction anxiety and the discounting of positive interpersonal events
Stephanos Vassilopoulos
University of Patras, Greece
- 8.45 Internal versus external attention in social phobia: an experimental investigation
Olivia Bolt, David M. Clark, Anke Ehlers
King's College London, UK
- 9.00 Intensive group cognitive therapy and individual cognitive therapy in social phobia: Effectiveness at five-year follow-up
Ewa Mörtberg⁽¹⁾, David M. Clark⁽²⁾, Susanne Bejerot⁽¹⁾
(1) Karolinska Institute, Sweden; (2) King's College London, UK
- 9.15 The effects of attentional bias retraining on physiological stress reactions to induced social threat
Saskia Baert, Rudi De Raedt, Annabelle Casier
University of Ghent, Belgium

Individual papers 2: Stress

Lacroma, Asimon

Chair: Dubravka Kruhek Leontić, Clinic for heart diseases, Croatia

- 8.00 Stress control: large group didactic CBT for common mental health problems
Jim White
STEPS, Greater Glasgow and Clyde NHS, UK
- 8.15 Personal and PsychoPhysiological WELLness and recovery management based on stress, sleep, and exercise (P4Well): Preliminary findings
Henna-Riikka Tuomela⁽¹⁾, Päivi Lappalainen⁽¹⁾, Raimo Lappalainen⁽¹⁾, Tero Myllymäki⁽¹⁾, Antti Happonen⁽²⁾
(1) University of Jyväskylä, Finland; (2) VTT Technical Research Centre of Finland, Finland
- 8.30 Personal and PsychoPhysiological WELLness and recovery management based on stress, sleep, and exercise (P4Well)
Päivi Lappalainen⁽¹⁾, Henna-Riikka Tuomela⁽¹⁾, Marja-Liisa Kinnunen⁽¹⁾, Elina Mattila⁽²⁾, Kirsikka Kaipainen⁽²⁾
(1) University of Jyväskylä, Finland; (2) VTT Technical Research Centre of Finland, Finland
- 8.45 Can a mindfulness-based stress reduction intervention change personality?
Ivan Nyklíček, Sylvia Van Beugen, Johan Denollet
Tilburg University, The Netherlands
- 9.00 Health effects of humour
Martti T. Tuomisto, Lauri Parkkinen, Marjo Korander
University of Tampere, Finland

- 9.15 Can journal writing lead to better health? An investigation of the Expressive Writing paradigm as a potential self-help intervention for stressed populations
Maria Kangas⁽¹⁾, Chris Milross⁽²⁾, Jessica Belcher⁽²⁾, Elizabeth Stanton⁽²⁾, Elizabeth Zelestis⁽²⁾
(1) Macquarie University, Australia; (2) Sydney Cancer Centre, Royal Prince Alfred Hospital, Australia

Individual papers 3: CBT in Patients with Chronic Pain

Lacroma, Divona 2

Chair: Vesna Gavrilov Jerković, *University of Novi Sad, Serbia*

- 8.00 The chronic pain patient and health care personnel - elements of early attachment found in reciprocal positions
Anita Saariaho, Tom Saariaho
Pain Clinic, Raahe Hospital, Finland
- 8.15 Early maladaptive schemas predicting depression in chronic pain patients and a control sample
Tom Saariaho, Anita Saariaho
Pain Clinic, Raahe Hospital, Finland
- 8.30 Cognitive therapy for chronic pain
Therese Brask-Rustad
Psychiatric Clinic, Buskerud Hospital, Norway
- 8.45 Mental defeat in chronic pain: Concept development and empirical findings
Nicole Tang
King's College London, UK
- 9.00 Long-term effects of an online depression treatment programme (Deprexis) on need satisfaction, experiential avoidance and depression severity
Björn Meyer⁽¹⁾, Christopher Beevers⁽²⁾, Mario Weiss⁽³⁾
(1) City University London, UK; (2) University of Texas, USA; (3) GAIA AG, Hamburg, Germany

9.00-12.30 In-congress workshops

You can still book your place at the registration desk (75 EUR).

W1: A CBT and Mindfulness Integrated protocol for treatment of psychoses

Antonio Pinto, *Department of Mental Health, Naples, Italy*

Hotel President/ Olipa 1

W2: Imagery-based CBT treatment for trauma & PTSD: Imagery rescripting and reprocessing therapy (IRRT)

Mervin Smucker, *Medical College of Wisconsin, USA*

Hotel President/ Olipa 2

W3: Group CBT in anxiety disorders

Jan Prasko, Andrea Cinculova, Barbora Bulikova, *University Hospital Olomouc, Czech Republic*

Hotel President/ Olipa 3

W4: Motivation and change: cognitive behaviour therapy applied to addiction

Ryan Frank, *University of London, UK*

Hotel President/ Tajan

W5: Affect phobia: How exposure and desensitization of feelings promote change

Leigh McCullough, *Modum Bad Psychiatric Center, Norway*

Hotel President/ Ruda

9.45-10.30 Invited lectures

Cognitive-behavioral therapy and medication: Relative efficacy in treating anxiety disorders in youth

Philip Kendall, *Temple University, USA*

Lacroma, Elafiti 1

Long-term effects of CBT in anxiety disorders

Lars-Göran Öst, *University of Stockholm, Sweden*

Lacroma, Elafiti 2

Obsessive compulsive disorder: "The good, the bad and the ugly"

Paul Salkovskis, *King's College London, UK*

Lacroma, Elafiti 3

10.30-11.00 Coffee break

11.00-12.30 Symposia

Symposium 5: Recent developments in understanding and treating childhood anxiety

Lacroma, Elafiti 1

Convenors: Ingrid Leth⁽¹⁾, Alexander L. Gerlach⁽²⁾, Marie Louise Reinholdt-Dunne⁽³⁾, Shirley Reynolds⁽⁴⁾, Susan Spence⁽⁵⁾, Peter Cooper⁽⁶⁾

⁽¹⁾ *University of Copenhagen*; ⁽²⁾ *University of Muenster, Germany*; ⁽³⁾ *University of Copenhagen, Denmark*; ⁽⁴⁾ *University of East Anglia, UK*; ⁽⁵⁾ *Griffith University, Australia*; ⁽⁶⁾ *University of Reading, UK*

Chair: Ingrid Leth, *University of Copenhagen, Denmark*

11.00 An evaluation of Internet-delivery of CBT for adolescent anxiety disorders

Susan Spence⁽¹⁾, Caroline Donovan⁽¹⁾, Sonja March⁽¹⁾, Samantha Prosser⁽¹⁾, Renee Anderson⁽²⁾, Justin Kenardy⁽²⁾

⁽¹⁾ *Griffith University, Australia*; ⁽²⁾ *University of Queensland, Australia*

- 11.15 Influences of age and anxiety on processing of emotional information in children
Marie Louise Reinholdt-Dunne⁽¹⁾, Barbara Hoff Esbjorn⁽¹⁾, Karin Mogg⁽²⁾, Brendan P. Bradley⁽²⁾
(1) University of Copenhagen, Denmark; (2) University of Southampton, UK
- 11.30 Worrying, metaworrying and the ability to imagine future threats
Alexander L. Gerlach, Katharina Schwickrath, Astrid Handschuh, Gisela Bartling
WWU Muenster, Germany
- 11.45 Improving outcomes and maximising resources in the treatment of child anxiety disorders
Peter Cooper, Cathy Creswell, Lucy Willetts
The University of Reading, UK
- 12.00 Responsibility cognitions and OCD symptoms in children and young people
Shirley Reynolds
University of East Anglia, UK

Symposium 6: Psychopathology and treatment of social phobia – New developments

Lacroma, Elafiti 2

Convenors: Regina Steil, Ulrich Stangier

University of Frankfurt, Germany

Chair: Regina Steil, *University of Frankfurt, Germany*

- 11.00 Efficacy of a stepped-care program as compared to a standard cognitive therapy for patients with social phobia
Anna Mall⁽¹⁾, Sonja Kiko⁽¹⁾, Martin Bohus⁽¹⁾, Christiane Hermann⁽²⁾, Regina Steil⁽²⁾
(1) Central Institute of Mental Health, Germany; (2) Justus-Liebig University Gießen, Germany
- 11.20 Implicit self-esteem in social anxiety
Viktoria Ritter⁽¹⁾, Christine Ertel⁽²⁾, Thomas Hiller⁽²⁾, Ulrich Stangier⁽¹⁾
(1) Goethe-University of Frankfurt, Germany; (2) Schiller-University of Jena, Germany
- 11.40 Sudden gains and session structure of group therapy for social anxiety disorder
Stefan Hofmann⁽¹⁾, Jasper Smits⁽²⁾, Stefan Schulz⁽³⁾, Alicia Meuret⁽³⁾, Naomi Simon⁽⁴⁾
(1) Boston University, USA; (2) Southern Methodist University, USA; (3) University of Wuerzburg, Germany; (4) Harvard Medical School, USA
- 12.00 The role of therapists' competence and adherence in the cognitive therapy for social anxiety disorder
Ulrich Stangier⁽¹⁾, Katrin Von Consbruch⁽¹⁾, Christiane Bohn⁽¹⁾, Thomas Heidenreich⁽²⁾, David M. Clark⁽³⁾
(1) University of Frankfurt, Germany; (2) University of Applied Science, Germany; (3) King's College London, UK

Symposium 7: New findings extending the cognitive behavioural understanding of OCD

Lacroma, Elafiti 3

Convenors: Victoria Bream Oldfield⁽¹⁾, Paul Salkovskis⁽²⁾

(1) Centre for Anxiety Disorders and Trauma, Maudsley Hospital, London, UK; (2) King's College London, UK

Chair: Victoria Bream Oldfield, *Maudsley Hospital, UK*

- 11.00 Responsibility for harm to self versus others in obsessive compulsive disorder
Catrin Forbes⁽¹⁾, Victoria Bream Oldfield⁽²⁾, Paul Salkovskis⁽¹⁾
(1) King's College London, UK; (2) Maudsley Hospital, UK
- 11.20 "No shit?" An experiment on the effects of reassurance in contamination OCD
Osamu Kobori
King's College London, UK

- 11.40 Reasoning bias and belief conviction in obsessive-compulsive disorder
Pamela Jacobsen, Daniel Freeman, Paul Salkovskis
King's College London, UK
- 12.00 Cognitive flexibility in obsessive-compulsive disorder
Hjalte Jonsson ⁽¹⁾, Paul Salkovskis ⁽²⁾, Nicole Tang ⁽²⁾, Natalie Carter ⁽¹⁾, Ben Meghreblian ⁽¹⁾
⁽¹⁾ *Centre for Anxiety & Trauma, Maudsley Hospital, UK;* ⁽²⁾ *King's College London, UK*

Symposium 8: The effectiveness of C(B)T and the combination with medication as acute and preventive treatment strategy in MDD, Bipolar Disorder and Borderline Personality Disorder

Lacroma, Elafiti 4

Convenor: Claudi Bockting, *University Groningen, The Netherlands*

Chair: Keith Dobson, *University of Western Ontario, Canada*

- 11.00 Schema therapy with and without medication as treatment of Borderline Personality Disorder
Arnoud Arntz
Maastricht University, The Netherlands
- 11.25 Combining cognitive therapy and antidepressants in preventing relapse and recurrence in depression
Claudi Bockting
University Groningen, The Netherlands
- 11.50 Cognitive therapy in addition to pharmacotherapy in the prevention of Bipolar relapse: revisiting the impact of illness history and medication concordance
Dominic Lam ⁽¹⁾, Kim Wright ⁽²⁾
⁽¹⁾ *University of Hull, UK;* ⁽²⁾ *University of Exeter, UK*

11.00-12.30 Individual papers

Individual papers 4: Post-Traumatic Stress Disorder

Lacroma, Bokar

Chair: Lejla Čaković, *Cantonal Hospital Zenica, Bosnia and Herzegovina*

- 11.00 Treating acute stress disorder and posttraumatic stress disorder with cognitive behavioural therapy or structured writing therapy: A randomised controlled trial.
Arnold Van Emmerik, Jan Henk Kamphuis, Paul Emmelkamp
University of Amsterdam, The Netherlands
- 11.15 Reexperiencing symptoms, dissociative experiences, and their association with emotion regulation strategies in posttraumatic stress disorder: an ecological momentary assessment study
Monique Pfaltz, Tanja Michael, Frank H. Wilhelm
University of Basel, Switzerland
- 11.30 Posttraumatic growth, social acknowledgment as survivors, and sense of coherence in former German child soldiers of World War II
Simon Forstmeier ⁽¹⁾, Philipp Kuwert ⁽²⁾, Carsten Spitzer ⁽³⁾, Harald J. Freyberger ⁽³⁾, Andreas Maercker ⁽¹⁾
⁽¹⁾ *University of Zurich, Switzerland;* ⁽²⁾ *Ernst Moritz Arndt University Greifswald, Germany;* ⁽³⁾ *University Clinic Hamburg-Eppendorf, Germany*

- 11.45 Post-Traumatic Stress Disorder (PTSD) and Early Maladaptive Schemas (EMS): the case of prison staff
Abdel Halim Boudoukha⁽¹⁾, Marc Hautekeete⁽²⁾
(1) Université de Nantes, France; (2) Université de Lille 3, France
- 12.00 Appraisals of trauma associated with chronic Posttraumatic Stress Disorder (PTSD) in child tsunami survivors in Phang-nga, Thailand
Nuttorn Pityaratstian⁽¹⁾, Wedinee Satawedini⁽¹⁾, Panom Ketumarn⁽²⁾, Vinadda Piyasilpa⁽³⁾, Nanthawat Sitdhiraksa⁽³⁾
(1) Chulalongkorn University, Thailand; (2) Mahidol University, Thailand; (3) Queen Sirikit National Institute of Child Health, Thailand

Individual papers 5: Depression

Lacroma, Asimon

Chair: Dora Perczel Forintos, *Semmelweis University, Hungary*

- 11.00 The tripartite model of anxiety and depression: Heuristic for transdiagnostic treatment?
Sabine Schmid⁽¹⁾, Steven Hollon⁽²⁾, Andrew Tomarken⁽²⁾
(1) University of Illinois, USA; (2) Vanderbilt University, USA
- 11.15 Efficacy of cognitive-behavioural therapy and interpersonal therapy for the treatment of depression in adults
Marina Carvalho, David Esteve, Orlando Guete-Tur, Maria do Carmo Cruz, Luciana Gonçalves
Mental Health Department of CHB Algarvio, Portugal
- 11.30 Cost-effectiveness of internet-based vs. group treatment in subthreshold depression: secondary analysis of a pragmatic randomised trial
Viola Spek⁽¹⁾, Filip Smit⁽²⁾, Heleen Riper⁽²⁾, Ivan Nyklicek⁽²⁾, Victor Pop⁽²⁾
(1) Tilburg University, The Netherlands; (2) Trimbos-instituut, The Netherlands
- 11.45 Risk and protective psychosocial factors related to depression and suicidal attempts in adults
David Esteve, Marina Carvalho, Orlando Guete-Tur, Maria do Carmo Cruz, Ana Filipa Roque
Mental Health Department of CHB Algarvio, Portugal
- 12.00 "Is the Black Dog Really a Dalmatian? An investigation into whether stress impact and attributional style lead to different outcomes for individuals receiving 20 sessions of CBT for depression"
Kimberly Good⁽¹⁾, Paul Merrick⁽¹⁾, Nikolaos Kazantzis⁽²⁾
(1) Massey University, New Zealand; (2) La Trobe University, Australia
- 12.15 Microanalyses of suicidal episodes; An accident perspective
Anna Ehnvall⁽¹⁾, Mikael Ljung-Aust⁽²⁾, Anna Maria Nilsson⁽³⁾, Jan Beskow⁽¹⁾, Margda Waern⁽³⁾
(1) Center for Cognitive Therapy, Sweden; (2) Chalmers University of Technology, Sweden; (3) Institute of Neuroscience and Physiology, Sahlgrenska Academy at Gothenburg University, Sweden

11.00-12.30 Clinical case conference

Clinical case conference 1: Cognitive behavioral treatment of fatigue after acquired brain damage

Lacroma, Divona 1

Aglaja Zedlitz⁽¹⁾, Michiel Floris Van Vreeswijk⁽²⁾, Peggy Bosch⁽²⁾, Maurits Van den Noort⁽³⁾, Luciano Fasotti⁽³⁾
(1) Donders Institute for Brain Cognition and Behaviour, The Netherlands; (2) G-Kracht, The Netherlands; (3) Vrije Universiteit Brussel, Belgium

Clinical case conference 2: Outcomes of CBT in eating disorders of children and adolescents treated at the Institute of Mental Health, Belgrade, Serbia

Lacroma, Divona 2

Milica Pejović Milovančević, Marija Mitković

Institute of Mental Health, Serbia

12.30-14.00 Lunch break

Lacroma, restaurant

14.00-17.30 In-congress workshops

You can still book your place at the registration desk (75 EUR).

W6: Cognitive grief therapy -The ABC of adaptive bereavement process following a loss through death

Ruth Malkinson, *Israeli Center of REBT, Israel*

Hotel President/ Olipa 1

W7: Mindfulness-based cognitive interventions for obsessive-compulsive disorder

Fabrizio Didonna, *Casa di Cura Villa Margherita, Italy*

Hotel President/ Olipa 2

W8: Prevention of relapse in recurrent depression using a new form of cognitive therapy

Claudi Bockting, *University Groningen, The Netherlands*

Hotel President/ Olipa 3

W9: Do's and don'ts in trauma therapy: Practical strategies for working with trauma – A positive growth approach

Claudia Herbert, *The Oxford Development Centre and The Oxford Stress and Trauma Centre, UK*

Hotel President/ Tajan

W10: "I'm not going to become a therapist but I want to know about CBT": issues and challenges for training

Metka Shawe-Taylor, *Surrey and Borders Partnership NHS Foundation Trust, UK*

Hotel President/ Ruda

14.00-15.30 Symposia

Symposium 9: Early Intervention and Prevention in Anxiety Disorders

Lacroma, Elafiti 1

Convenor: Fiona Challacombe, *King's College London, UK*

- 14.00 OCD in pregnancy and the postpartum: an opportunity for early intervention and prevention
Fiona Challacombe
King's College London, UK
- 14.20 Can anxiety disorders be prevented? Early data from two trials
Ronald Rapee, Susan Kennedy, Susan Edwards
Macquarie University, Sydney, Australia
- 14.40 Identifying health anxiety in general health settings: early intervention in patients at risk of developing severe and persistent health anxiety.
Ellen Craig, Paul Salkovskis
King's College London, UK
- 15.00 Principles and challenges in early intervention and prevention of anxiety disorders
Claire Lomax ⁽¹⁾, Paul Salkovskis ⁽²⁾
(1) Newcastle PCT, UK; (2) King's College London, UK

Symposium 10: Cognitive factors in eating disorders and obesity: perfectionism, self-criticism, desire and loss of control, depressive beliefs and sensitivity to disgust

Lacroma, Elafiti 2

Convenors: Sandra Sassaroli ⁽¹⁾, Lien Goossens ⁽²⁾, Caroline Braet ⁽²⁾, Birgit Mayer ⁽³⁾, Giovanni Maria Ruggiero ⁽⁴⁾
(1) "Studi Cognitivi" Cognitive Psychotherapy School, Milano, Italy; (2) Ghent University, Belgium; (3) Erasmus University Rotterdam, The Netherlands; (4) Cognitive Psychotherapy School, Milan, Italy

Chair: Sandra Sassaroli, *"Studi Cognitivi", Italy*

- 14.00 A disgust-related illusory correlation and eating disorder symptoms in non-clinical females
Birgit Mayer, Peter Muris, Maaike Wilschut
Erasmus University Rotterdam, The Netherlands
- 14.25 Criticism and perfectionism in eating disorders: a structural model analysis
Sandra Sassaroli ⁽¹⁾, Sara Bertelli ⁽²⁾, Luca Boccalari ⁽²⁾, Silvio Scarone ⁽²⁾, Giovanni Maria Ruggiero ⁽³⁾
(1) "Studi Cognitivi", Italy; (2) San Paolo Hospital, Eating Disorders Unit, Italy; (3) "Psicoterapia Cognitiva e Ricerca" Cognitive Psychotherapy School, Italy
- 14.50 A longitudinal approach to the stability of eating pathology in overweight youth.
Lien Goossens ⁽¹⁾, Caroline Braet ⁽¹⁾, Sandra Verbeken ⁽¹⁾, Veerle Decaluwé ⁽²⁾, Guy Bosmans ⁽²⁾
(1) Ghent University, Belgium; (2) Lessius University College, Belgium

Symposium 11: Innovations in the Theory and Treatment of OCD and Related Disorders

Lacroma, Elafiti 3

Convenor and chair: Patrick A. Vogel, *Norwegian University of Science and Technology, Norway*Discussant: Adrian Wells, *University of Manchester, UK*

- 14.00 ERP therapy for OCD administered through the use of videoconferencing and cellphones only: A pilot study in Norway
Patrick A. Vogel⁽¹⁾, Bjarne Hansen⁽¹⁾, Stian Solem⁽¹⁾, Åshild Tellefsen Håland⁽²⁾, Gunvor Launes⁽²⁾
(1) Norwegian University of Science and Technology, Norway; (2) Soerlandet Hospital, Norway
- 14.20 An empirical test of the metacognitive model of obsessive-compulsive symptoms: A replication study
Stian Solem, Cecilie Sarheim, Yngvill Ane S. Westad
Norwegian University of Science and Technology, Norway
- 14.40 Do early maladaptive schemas and Personality Disorders predict negative treatment outcome in obsessive-compulsive disorders?
Åshild Tellefsen Håland
Soerlandet hospital, Norway

Symposium 12: Competitive Memory Training (COMET)

Lacroma, Elafiti 4

Convenor and chair: Kees Korrelboom, *PsyQ, Parnassia Bavo Group, The Netherlands*

- 14.00 Competitive memory training (COMET): What is it and does it work?
Kees Korrelboom
PsyQ, Parnassia Bavo Group, The Netherlands
- 14.20 Competitive memory training (COMET) for treating low self-esteem in depressed patients
Maaïke Maarsingh
PsyQ, Parnassia, Depressie Ambulant, The Netherlands
- 14.40 Competitive memory training (COMET) for treating rumination in depressed older patients
Wilfried Ekkers, Mark van der Gaag
Parnassia, The Netherlands
- 15.00 Competitive memory training (COMET) in auditory hallucinations
Mark Van der Gaag⁽¹⁾, Bas van Oosterhout⁽²⁾
(1) VU University Amsterdam, The Netherlands; (2) Reinier van Arkel, Den Bosch, The Netherlands

Symposium 13: Schema Therapy for Borderline Personality Disorder

Lacroma, Bokar

Convenor and chair: Arnoud Arntz, *Maastricht University, The Netherlands*

- 14.00 Implementation of outpatient schema therapy for Borderline Personality Disorder with versus without crisis support by the therapist outside office hours: A randomized trial
Marjon Nadort⁽¹⁾, Johannes H. Smit⁽²⁾, Merijn Eikelenboom⁽²⁾, Michel Wensing⁽²⁾, Richard van Dyck⁽²⁾
(1) GGZ inGeest, VU Medical Centre Amsterdam, The Netherlands; (2) Radboud University Nijmegen, The Netherlands
- 14.25 Group schema therapy: A catalyst for mode work
Joan Farrell
Indiana University School of Medicine, USA

- 14.50 Schema therapy for Borderline Personality Disorder: Predictors of drop-out and recovery, with a special reference to dissociation
Arnoud Arntz
Maastricht University, The Netherlands

Symposium 14: Avoidance of emotional faces in social anxiety: Approaches to understanding, testing and changing it

Lacroma, Asimon

Convenors: Marcella L. Woud⁽¹⁾, Jacobien van Peer⁽²⁾, Marisol Voncken⁽³⁾, Wolf-Gero Lange⁽⁴⁾
⁽¹⁾ *Behavioural Science Institute, Radboud University Nijmegen, The Netherlands;* ⁽²⁾ *Leiden University, The Netherlands;*
⁽³⁾ *University of Maastricht, The Netherlands;* ⁽⁴⁾ *Radboud University Nijmegen, The Netherlands*

- 14.00 Misinterpretation of emotional facial expressions: The socially anxious tend to see contempt in disgusted faces
Mike Rinck⁽¹⁾, Kathrin Heuer⁽²⁾, Wolf-Gero Lange⁽¹⁾, Linda Isaac⁽¹⁾, Eni S. Becker⁽¹⁾
⁽¹⁾ *Radboud University Nijmegen, The Netherlands;* ⁽²⁾ *Dresden University of Technology, Germany*
- 14.20 The desire to make contact: the approach-avoidance conflict in social anxiety
Marisol Voncken⁽¹⁾, Anne Deckers⁽¹⁾, Mike Rinck⁽²⁾, Anne Roefs⁽²⁾
⁽¹⁾ *Maastricht University, The Netherlands;* ⁽²⁾ *Radboud University Nijmegen, The Netherlands*
- 14.40 Gaze direction & avoidance of emotional faces in social anxiety
Wolf-Gero Lange⁽¹⁾, Roelofs Karin⁽²⁾, Peter Putman⁽²⁾, Sonja Schouten⁽²⁾, Mike Rinck⁽¹⁾
⁽¹⁾ *Radboud University Nijmegen, The Netherlands;* ⁽²⁾ *Leiden University Institute for Psychological Research, The Netherlands*
- 15.00 Can we re-train avoidance of emotional faces in social anxiety? A first approach.
Marcella L. Woud⁽¹⁾, Wolf-Gero Lange⁽¹⁾, Eni S. Becker⁽¹⁾, Karin Roelofs⁽²⁾, Mike Rinck⁽¹⁾
⁽¹⁾ *Radboud University Nijmegen, The Netherlands;* ⁽²⁾ *University of Leiden, The Netherlands*

Symposium 15: Common Language for Psychotherapy - Project Update

Lacroma, Divona 1

Convenors: Isaac Marks⁽¹⁾, Pim Cuijpers⁽²⁾, Lucio Sibilía⁽³⁾, Mehmet Sungur⁽⁴⁾, Miquel Angel Fullana⁽⁵⁾
⁽¹⁾ *King's College London, UK;* ⁽²⁾ *Vrije Universiteit, Amsterdam, The Netherlands;* ⁽³⁾ *Sapienza University of Rome, Italy;*
⁽⁴⁾ *Marmara University, Istanbul, Turkey;* ⁽⁵⁾ *Universitat Autònoma de Barcelona, Spain*

Chair: Pim Cuijpers, *Vrije Universiteit, Amsterdam, The Netherlands*

- 14.00 Summary of CLP progress and potential for Classifying Therapy Procedures
Isaac Marks
King's College London, UK
- 14.25 The experience of a dictionary of Cognitive-Behaviour Therapy
Lucio Sibilía, Stefania Borgo
Sapienza University of Rome, Italy
- 14.50 Panel discussion of current and future work of the CLP project
Pim Cuijpers⁽¹⁾, Miquel Angel Fullana⁽²⁾
⁽¹⁾ *VU University Amsterdam, The Netherlands;* ⁽²⁾ *Universitat Autònoma de Barcelona, Spain*

Symposium 16: Embodiment Research – A New Perspective on Psychotherapy

Lacroma, Divona 2

Convenors: Wolfgang Tschacher⁽¹⁾, Sergio Salvatore⁽²⁾

⁽¹⁾ *University Hospital of Psychiatry, Switzerland;* ⁽²⁾ *Università del Salento, Italy*

Chair: Wolfgang Tschacher, *University Hospital of Psychiatry, Switzerland*

14.00 Nonverbal behavior in psychotherapy process and its association with outcome

Wolfgang Tschacher, Fabian Ramseyer
University Hospital of Psychiatry, Switzerland

14.25 Pattern of verbal synchronization in patient-therapist exchange

Omar Gelo, Sergio Salvatore, Alessandro Gennaro
University of Salento, Italy

14.50 Body movements, movement synchrony and psychopathology in severe mental disorders – implications for assessment and therapy

Zeno Kupper⁽¹⁾, Fabian Ramseyer⁽¹⁾, Samuel Kalbermatten⁽²⁾, Holger Hoffmann⁽²⁾, Wolfgang Tschacher⁽¹⁾
⁽¹⁾ *University Hospital of Psychiatry, Switzerland;* ⁽²⁾ *Institute of Psychology, University of Bern, Switzerland*

15.30-16.00 Coffee break

16.00-16.45 Invited lectures

Understanding childhood depression: Cognitive, social and biological risk

Mark A. Reinecke, *Northwestern University, USA*

Lacroma, Elafiti 1

Cognitive behavior therapy for anorexia nervosa

Riccardo Dalle Grave, *Department of Eating and Weight Disorder, Villa Garda Hospital, Italy*

Lacroma, Elafiti 2

Is there a role of metacognition in rumination and depression?

Costas Papageorgiou, *The Priory Hospital Altrincham, UK*

Lacroma, Elafiti 3

17.00-18.00 Individual papers

Individual papers 6: Anxiety

Lacroma, Elafiti 1

Chair: Agnieszka Popiel, *Polish Association for Cognitive and Behavioural Therapy, Poland*

- 17.00 Higher efficacy of exposure therapy in combination with administration of glucocorticoids: a randomized, double-blind, placebo-controlled clinical trial
Dorothee Bentz⁽¹⁾, Tanja Michael⁽¹⁾, Dominique de Quervain⁽²⁾, Jürgen Margraf⁽²⁾, Frank Wilhelm⁽²⁾
(1) University of Basel, Switzerland; (2) University of Zürich, Switzerland
- 17.15 Stability of the moment-to-moment experience of anxiety and shortness of breath in patients with panic disorder and its relation to spontaneous physiological variability
Susan C.A. Burkhardt⁽¹⁾, Walton T. Roth⁽²⁾, Alicia E. Meuret⁽³⁾, Jens Blechert⁽⁴⁾, Frank H. Wilhelm⁽¹⁾
(1) University of Basel, Switzerland; (2) Stanford University, USA; (3) Southern Methodist University, USA; (4) University of Freiburg, Germany
- 17.30 Motivational factors in the treatment of anxiety
Edgar Geissner, Johannes Mander, Petra Maria Ivert
Roseneck Psychosomatic Hospital, Germany
- 17.45 Illness representations and readiness to change in chronic anxiety
Shirley Morrissey
Griffith University, Australia

Individual papers 7: Techniques and Procedures in CBT

Lacroma, Elafiti 2

Chair: Josip Lopižić, *General Hospital Dubrovnik, Croatia*

- 17.00 An analysis of the impact of expectancies and self-efficacy on psychotherapists' performance
Ramona Moldovan, Daniel David, Aurora Szentagotai
Babes-Bolyai University, Romania
- 17.20 Study of the therapeutic process through the functional analysis of psychologists' verbal behavior
Montserrat Montañó, Ana Calero-Elvira, Elena M. Ruiz, María Xesús Froján Parga
Universidad Autónoma de Madrid, Spain
- 17.40 How often do therapists use different cognitive restructuring components within behavioural psychotherapy?
Ana Calero-Elvira, Manuel Alpañés-Freitag, Elena Ruiz-Sancho, Ivette Vargas de la Cruz, María Xesús Froján-Parga
Universidad Autónoma de Madrid, Spain

Individual papers 8: Obsessive-Compulsive Disorder

Lacroma, Elafiti 3

Chair: Doris Adamčič Pavlovič, *University psychiatric clinic, Slovenia*

- 17.00 The effectiveness of cognitive therapy focused on danger estimations vs. beliefs of responsibility in obsessive-compulsive disorder: A randomized controlled trial
Sjoertje Vos, Arnoud Arntz, Marcus Huibers
Maastricht University, The Netherlands

- 17.20 Change in interpretation of intrusions following exposure and response prevention treatment for obsessive-compulsive disorder
Oistein Eskeland⁽¹⁾, Stian Solem⁽¹⁾, Patrick A. Vogel⁽¹⁾, Bjarne Hansen⁽¹⁾, Åshild Tellefsen Håland⁽²⁾
(1) Norwegian University of Science and Technology, Norway; (2) Sorlandet Hospital, Norway
- 17.40 Obsessive beliefs in different subtypes of obsessive-compulsive disorder
Tarik Kapidzic⁽¹⁾, Stian Solem⁽¹⁾, Patrick A. Vogel⁽¹⁾, Åshild Tellefsen Håland⁽²⁾, Bjarne Hansen⁽²⁾
(1) Norwegian University of Science and Technology, Norway; (2) Sorlandet Hospital, Norway

Individual papers 9: Disordered Eating/Weight Loss

Lacroma, Elafiti 4

Chair: Alessandra Pokrajac-Bulian, *University of Rijeka, Croatia*

- 17.00 Reasons for ending prematurely a weight loss program. The parent perspective
Rozemarijn Jeannin⁽¹⁾, Caroline Braet⁽²⁾, Saskia Mels⁽²⁾, Ellen Moens⁽²⁾, Myriam Van Winckel⁽²⁾
(1) University of Leuven, Belgium; (2) Ghent University, Belgium
- 17.15 Direct and indirect measures of snack food attitude and food intake in emotional eaters
Machteld Ouwens⁽¹⁾, Tatjana van Strien⁽²⁾
(1) University of Tilburg, The Netherlands; (2) Radboud University, The Netherlands
- 17.30 Cognitive schemas as predictors of disordered eating in a multi-ethnic sample of female university students
Marnelle Van Rooyen, Stephen Walker, Karel Esterhuysen
University of the Free State, South Africa
- 17.45 Dissociation in Eating Disorders: dissociative experiences and binge eating episodes
Carmelo La Mela, Marzio Maglietta, Giovanni Castellini, Stefano Lucarelli
Cognitive Psychotherapy School, Italy

Individual papers 10: Depression

Lacroma, Bokar

Chair: Maja Bundalo Bočič, *Health center dr. Adolfa Drolca, Slovenia*

- 17.00 A pilot investigation of exposure-based cognitive therapy for depressed outpatients: Feasibility, process quality, outcome, and mechanisms of change
Martin Grosse Holtforth⁽¹⁾, Marielle Sutter⁽²⁾, Emma Schmied⁽²⁾, Franz Caspar⁽²⁾
(1) University of Zurich, Switzerland; (2) University of Bern, Switzerland
- 17.20 Exploring mechanisms of change in mindfulness based cognitive therapy for depression (MBCT)
Zeno Kupper⁽¹⁾, Eveline Aschwanden⁽²⁾, Claudia Bergomi⁽²⁾, Wolfgang Tschacher⁽²⁾
(1) University Hospital of Psychiatry Bern, Switzerland; (2) University of Bern, Switzerland
- 17.40 Outcome of CBT group treatment of low self-esteem
Peter Dalsgaard, Ulla Wattar
Center for Cognitive Psychology, Denmark

9.00-18.00 Posters

Lacroma, Exhibition hall (Foyer)

Poster presentations from No. 1 to No. 36:

- General topics: **children & adolescents, parenting, health problems**
- Authors will be present for discussion from 10.30 to 11.30

Poster presentations from No. 37 to No. 69:

- General topics: **techniques, procedures and training in CBT**
- Authors will be present for discussion from 15.00 to 16.00

- 1 A review of the effectiveness of group cognitively enhanced parent programs for treating disruptive behavior in children
Oana Alexandra Gavita ⁽¹⁾, Marie Joyce ⁽²⁾
(1) Babes Bolyai University, Romania; (2) Australian Catholic University, Australia
- 2 A Spanish version of the Athens Insomnia Scale
Georgina Guilera ⁽¹⁾, Juana Gómez-Benito ⁽¹⁾, Cristina Ruiz ⁽²⁾, Gemma García-Parés ⁽³⁾
(1) University of Barcelona, Spain; (2) Centro Médico Teknon, Spain; (3) Hospital Parc Taulí, Spain
- 3 A test of the interactive effects of mindfulness and self-criticism in the prediction of evaluative anxiety in adolescents
Marina Cunha ⁽¹⁾, Jacinta Paiva ⁽²⁾, José Pinto Gouveia ⁽¹⁾
(1) CINEICC - Coimbra University, Portugal; (2) ISMT-Coimbra, Portugal
- 4 Acquiring fear of animals and attentional bias in children, an eye tracking study
Saeid Sheikh Rohani
University of Sussex, UK
- 5 ADHD – School problem, Case study
Tena Velki
University of Osijek, Croatia
- 6 Parent management training group of children with Asperger syndrome: evaluation a parent based intervention
Eulalia Piera Pinto, Laura Garcia, Mireia Querol, Montserrat Pamias
Hospital Parc Taulí, Spain
- 7 Close relationships and adaptation in the transition to motherhood among HIV-positive women
Marco Pereira, Maria Cristina Canavarró
University of Coimbra, Portugal
- 8 Cognitive-behavioural intervention in the Crohn's disease: a constructive treatment strategy
Juan Carlos Fernández, Miguel A. Simón, Ana M. Bueno
University of La Coruña, Spain
- 9 Community-based cognitive behavioral interventions for adolescents
Jane Dimmitt Champion, Jennifer Collins, Stephanie Reyes, Rivera Rebecca
The University of Texas, USA
- 10 Comparative study between CARS and ASRS results in a sample of parents of children diagnosed with ADHD and asthma
Alba Franquesa, Vanessa Sallent, Sara Crivillés
Hospital Parc Taulí, Spain
- 11 Confirmatory factor analysis of the Spanish Revised Child Anxiety and Depression Scale (RCADS)
Paloma Chorot, Bonifacio Sandin, Miguel A. Santed, Rosa M. Valiente, Ana M. Magaz
Universidad Nacional de Educacion a Distancia (UNED), Spain

- 12 Construction of a scale to evaluate the diurnal impact of insomnia
Cristina Ruiz⁽¹⁾, Georgina Guilera⁽²⁾, Juana Gómez-Benito⁽²⁾, Gemma García-Parés⁽³⁾
(1) Centro Médico Teknon, Spain; (2) University of Barcelona, Spain; (3) Hospital Parc Taulí, Spain
- 13 Designing viable cognitive behavioral group parent training programs for the management of child externalizing behavior
Oana Alexandra Gavita
Babes-Bolyai University, Romania
- 14 Effects of a manualized cognitive behavioral treatment for childhood obesity
Yngvild Sørebo Danielsen, Ståle Pallesen
University of Bergen, Norway
- 15 Emotion appraisal is modulated by the genetic polymorphism of the serotonin transporter
Erika Szily, Zsolt Unoka, Lajos Simon, John Bowen, Kéri Szabolcs
Semmelweis University, Hungary
- 16 Experience of anger and chronic pain
Anita Saariaho, Tom Saariaho
Raahe Hospital, Finland
- 17 Experimental manipulation of interpretation bias regarding social and animal fear in children
Kathryn Lester⁽¹⁾, Andy Field⁽¹⁾, Peter Muris⁽²⁾
(1) University of Sussex, UK; (2) Erasmus University Rotterdam, The Netherlands
- 18 Exploring the Links between Parenting, Parent-Child Interaction and Conduct Problems in Children with Callous-Unemotional Traits: An Observational Analysis
David Pasalich⁽¹⁾, Mark Dadds⁽¹⁾, David Hawes⁽²⁾
(1) University of New South Wales, Australia; (2) University of Sydney, Australia
- 19 Finding a way out of pain-CBT in long-term pain and psychiatric co-morbidity measurable effects and experienced change in an attachment perspective
Anita Samuelsson⁽¹⁾, Kajsa Janzon Lagerkvist⁽²⁾
(1) Consulting Psychiatry Borås, Sweden; (2) Medvetenhet och Handlingskraft Kognitivt Forum, Sweden
- 20 Group CBT in Alzheimer Disease's caregivers: a step further
Velina Negovanska⁽¹⁾, Thierry Hergueta⁽¹⁾, Catherine Bungener⁽²⁾
(1) Hôpital Pitié Salpêtrière, France; (2) Université Paris Descartes, France
- 21 Growing up with(out) your incarcerated mother: Characteristics and circumstances of (formerly) incarcerated women and their children participating in a parent training
Ankie Menting⁽¹⁾, Bram Orobio de Castro⁽¹⁾, Walter Matthys⁽²⁾
(1) Utrecht University, The Netherlands; (2) University Medical Centre, The Netherlands
- 22 Illness' beliefs changes after cognitive intervention with parents of psychotic adolescents
Maria Jose Miñano Valero, Montse Navarro, Cristina Brunelli
Salut Mental Parc Taulí, Spain
- 23 Impulsivity as an adolescent developmental feature or a maladaptive schema mode?
Csilla Barna, Dóra Perczel Forintos
Semmelweis University, Hungary
- 24 Infertility in Portugal: Psychological Aspects
Ana Galhardo⁽¹⁾, Marina Cunha⁽²⁾, José Pinto Gouveia⁽²⁾
(1) ISMT-Coimbra, Portugal; (2) CINEICC - Coimbra University, Portugal
- 25 Influence of parenthood on contentment in partners relationship
Dubravka Svilar Blažinić
Zagreb Family Center, Croatia
- 26 Italian Version of the Multidimensional Anxiety Scale for Children: factor structure
Susanna Pizzo⁽¹⁾, Valeria Battini^(5,3), Valentina De Franchis^(5,3), Luca Filipponi⁽⁴⁾, Sara Gialetti⁽³⁾, Federica Paterlini⁽³⁾, Lorena Torresan⁽³⁾, Aldo Galeazzi^(2,3)
(1) Institute of Cognitive and Behavioral Therapy, Italy; (2) Padua University, Italy; (3) Miller Institute, Italy; (4) Chieti University, Italy; (5) University of Genoa, Italy

- 27 Negative affectivity, emotion regulation, and anxiety and depressive symptoms in children: a structural equation model
Miquel Tortella-Feliu, Maria Balle, Albert Sesé
University of the Balearic Islands, Spain
- 28 Psychological adaptations to the adolescent pregnancy: Influence contexts
Maria Cristina Canavaro⁽¹⁾, Paula Saraiva Carvalho⁽²⁾
(1) University of Coimbra, Portugal; (2) University of Beira Interior, Portugal
- 29 Psychological insulin resistance in relation to cognitive maladaptive beliefs
Gherman Amfiana, Daniel David
Babes-Bolyai University, Romania
- 30 Psychometric properties of the Behavior Inhibition Questionnaire: A brief measure of anxiety vulnerability in children
Leonie Vreeke, Peter Muris
Erasmus University Rotterdam, The Netherlands
- 31 Psychosocial and personality conditions of juvenile criminal thinking styles
Magdalena Rode, Danuta Rode
University of Silesia, Poland
- 32 The determinants of quality of life in adolescents: the role of hope
Maria Isabel Sá, Marisa Alves
University of Lisbon, Portugal
- 33 The Fear Survey Schedule for Children—25 (FSSC-E-25): A new brief measure for assessment of fears in children and adolescents
Bonifacio Sandin⁽¹⁾, Rosa M. Valiente⁽¹⁾, Paloma Chorot⁽¹⁾, Margarita Olmedo⁽¹⁾, Carmen Sanchez-Arribas⁽²⁾
(1) Universidad Nacional de Educacion a Distancia, Spain; (2) Hospital Ubeda, Spain
- 34 The impact of adolescent's exposure to sexually explicit material on attitudes towards sexuality and its correlation with adolescents' attachment style
Ana Freire, Justino Gonçalves, Marinela Santos
Centro Hospitalar de Trás-os-Montes e Alto Douro, Portugal
- 35 The use of the cognitive-behavioural therapy methods in the treatment of children and adolescents with the OCD. Leading therapy in the real life circumstances (e.g. in the house of the patient)
Justyna Sulej – Sowińska
CBT Centre, Poland
- 36 Treatment of concurrent comorbid anxiety and conduct problems in youths: Do social-cognitive mechanisms and neuropsychological processes predict treatment response?
Tracy Rhodes⁽¹⁾, Caroline Hunt⁽¹⁾, Sandra Heriot⁽²⁾
(1) University of Sydney, Australia; (2) M-H Kids, NSW Health, Australia
- 37 A functional analytic X-ray of the therapeutic process
Montserrat Montaña, Elena M. Ruiz, Ana Calero, Manuel Alpañes, María Xesús Froján Parga
Universidad Autónoma de Madrid, Spain
- 38 A new technique, cinematherapy: Clinical practice
Irem Motan
Ondokuz Mayıs University, Turkey
- 39 Adult attachment and differences in motivational goal fulfillment
Risto Valjakka, Juhani Tiuraniemi
University of Turku, Finland
- 40 Building meta-skills in cognitive-behavioral therapy for treating functional dyspepsia: A randomized controlled trial
Cecilia Cheng
The University of Hong Kong, Hong Kong

- 41 Coding system for the study of client-therapist interaction: application to the study of cognitive restructuring technique
Ana Calero-Elvira, Montserrat Montaña-Fidalgo, Ivette Vargas de la Cruz, Manuel Alpañés-Freitag, María Xesús Froján Parga
Universidad Autónoma de Madrid, Spain
- 42 CORE system, pilot application in CBT settings
Peter Janjušević⁽¹⁾, Barbara Starovasnik⁽²⁾, Chris Evans⁽³⁾, Dragica Resman⁽⁴⁾
(1) The Counselling Centre for Children, Adolescents and Parents, Slovenia; (2) University Medical Centre, Slovenia; (3) Nottinghamshire Healthcare NHS Trust and Nottingham University, UK; (4) Psychiatric Hospital Begunje, Slovenia
- 43 Creative and Art Therapy in the framework of cognitive and behavioural therapy
Emese Kovács⁽¹⁾, Zsolt Unoka⁽²⁾, Lajos Simon⁽²⁾
(1) Hungarian Association of Behaviour and Cognitive Therapy, Hungary; (2) Semmelweis University, Hungary
- 44 Efficacy of cognitive-behavioral therapy and pharmacotherapy in adult ADHD
Agnes Meszaros, Sara Balint, Sarolta Komlosi, Pal Czobor, Istvan Bitter
Semmelweis University, Hungary
- 45 EMG-biofeedback treatment of dyssynergic defecation in female patients
Miguel A. Simón, Ana M. Bueno, Juan Carlos Fernández
University of la Coruña, Spain
- 46 Emotional-cognitive dissonance as the basic mechanism of interpersonal tolerance
Galina Kozhukhar
Moscow City University of Psychology and Education, Russian Federation
- 47 Factor structure and psychometric properties of the Hungarian version of the Cognitive Emotion Regulation Questionnaire
Mónika Miklósi, Dóra Perczel Forintos, Tamás Martos, Krisztina Kocsis-Bogár
Semmelweis University, Hungary
- 48 Helping online therapists: An integrated tool for "guided Internet-delivered treatments"
Pei-Chun Shih Ma⁽¹⁾, Alfredo Rodriguez Garcia⁽²⁾, Jose Santacreu Mas⁽²⁾
(1) Universidad Autonoma de Madrid, Spain; (2) CPA-UAM, Spain
- 49 How do patients and therapists evaluate structured diagnostic interviews in routine clinical practice?
Katrin Bruchmueller, Tina In-Albon, Juergen Margraf, Silvia Schneider
University of Basel, Switzerland
- 50 Interaction of frustration intolerance, self-esteem and unconditional self-acceptance in explaining the procrastination variance
Zorica Marić⁽¹⁾, Tatjana Vukosavljević Gvozden⁽²⁾, Teodora Radosavljević⁽³⁾
(1) REBT center, Serbia; (2) University of Belgrade, Serbia; (3) Serbian association of Cognitive and Behavioral Therapies, Serbia
- 51 Maladaptive—but not adaptive- perfectionism is related to lower perceived competence in university students
Céline Douilliez, Salima Mokadem
University of Lille 3, France
- 52 Maladaptive—but not adaptive- perfectionism is related to maladaptive cognitive emotion regulation strategies
Céline Douilliez, Malvina Delmaire
University of Lille 3, France
- 53 Monitoring group cohesion in CBT educational groups - a prospective study
Zhivko Juzevski⁽¹⁾, Tanja Atanasova⁽²⁾, Vera Jovanovska⁽²⁾, Biljana Gagachovska⁽³⁾, Emilija Jovanovska-Trajkovska⁽⁴⁾
(1) Faculty of Philosophy, SCMU, Macedonia; (2) Association for Cognitive Behavioral Psychotherapy in Macedonia; (3) Faculty of Medicine, SCMU, Macedonia; (4) University Clinical Center, Macedonia

- 54 Observer-rater assessment of coping: validity, reliability and sensitivity to clinical change
Ueli Kramer ⁽¹⁾, Martin Drapeau ⁽²⁾
(1) University of Lausanne, Switzerland; (2) McGill University, Canada
- 55 Odyssey – International institute of CBT
Jan Prasko ⁽¹⁾, Petr Mozny ⁽²⁾, Jana Vyskocilova ⁽³⁾, Lenka Hoffmanova ⁽³⁾, Barbora Buliková ⁽¹⁾
(1) University Hospital Olomouc, Czech Republic; (2) Psychiatric Mental Hospital Olomouc, Czech Republic; (3) Prague Psychiatric Centre, Czech Republic
- 56 Preliminary study of the Young Schema Questionnaire-short form 3
Martine Bouvard, Nathalie Moulins Jameux, Marie Pierre Poch, Sophie Donnadieu, Lucie Langueppe
Universite de Savoie, France
- 57 Self-focus and affective states: A multi-wave longitudinal study
Keisuke Takano, Yoshihiko Tanno
The University of Tokyo, Japan
- 58 Teachers' well-being - a rational emotive and behavioral education program; Bora
Carmen Hortensia Bora ⁽¹⁾, Simona Trip ⁽¹⁾, Simona Chereji ⁽²⁾
(1) University of Oradea, Romania; (2) Bihor County Law Court, Romania
- 59 Teaching preliminary cognitive case formulation based on literary characters
Artur Kołakowski ⁽¹⁾, Agnieszka Pawełczyk ⁽²⁾
(1) CBT Centre, Poland; (2) Medical University of Lodz, Poland
- 60 Temporal stability and strategies of memory suppression
Masanori Kobayashi, Yoshihiko Tanno
The University of Tokyo, Japan
- 61 The effectiveness of a psychological intervention in novice drivers for prevention of traffic violations and accidents
Marika Paaver
University of Tartu, Estonia
- 62 The effect of behaviour therapy on brain function in patients with Obsessive Compulsive Disorder - A comparison study using fMRI
Kayoko Isomura ⁽¹⁾, Tomohiro Nakao ⁽²⁾, Hirokuni Sanematsu ⁽²⁾, Yusuke Masuda ⁽²⁾, Akiko Nakagawa ⁽³⁾
(1) Hikita Hospital, Japan; (2) Kyushu University, Japan; (3) Kawasaki Medical School, Japan
- 63 The knowledge, practice and experience of psychotherapy among psychiatry trainees
Olorunfemi Ahmodu, Anthony McCarthy
St. Vincent University Hospital, Elm Park, Ireland
- 64 The relations between treatment effectiveness and treatment outcome expectancy
Vesna Gavrilov-Jerković, Dragan Žuljević, Dragana Brdarić
University of Novi Sad, Serbia
- 65 The role of behavioral cognitive therapy in treatment of tourette syndrome
Maja Smrdu ⁽¹⁾, Blaž Koritnik ⁽²⁾
(1) University psychiatric hospital, Slovenia; (2) University medical center Ljubljana, Slovenia
- 66 Therapist-client interaction analysis by a single case study
Elena Ruiz Sancho, Montserrat Montañó Fidalgo, Ana Calero Elvira, Maria Xesús Frojan Parga
Universidad Autonoma de Madrid, Spain
- 67 Treatment effect of behaviour therapy in obsessive compulsive disorder: A one-year follow-up study
Akiko Nakagawa ⁽¹⁾, Tomohiro Nakao ⁽²⁾, Eriko Nakatani ⁽³⁾, Mayumi Tomita ⁽²⁾, Kazuko Yoshioka ⁽⁵⁾
(1) Kawasaki Medical School, Japan; (2) Kyushu University, Japan; (3) King's College London, UK; (4) Fukuoka Prefectural University, Japan
- 68 Validation of a questionnaire assessing the psychological impact of tinnitus
Pierre Philippot, Francois Nef, Marie De Romeree, Lucy Clauw
Universite catholique de Louvain, Belgium
- 69 When good CBT turns ACT
Jan Dickson, Massey University, Palmerston North, New Zealand

Friday

8.00-9.30 Symposia

Symposium 17: Experimental investigations of emotional disorders in childhood

Lacroma, Elafiti 1

Convenors: Tina In-Albon⁽¹⁾, Lynne Murray⁽²⁾, Margarete Bolten⁽¹⁾, Andy Field⁽³⁾

⁽¹⁾ University of Basel, Switzerland; ⁽²⁾ University of Reading, UK; ⁽³⁾ University of Sussex, UK

- 8.00 Intergenerational transmission of social phobia: maternal meaning making processes, and specificity of effects
Lynne Murray, Jeff Pella, Mandy Lau, Elizabeth Schofield, Peter Cooper
University of Reading, UK
- 8.20 Learning from mother's face: How maternal facial expressions influence infants' emotionality and behavior
Margarete Bolten, Silvia Schneider
University of Basel, Switzerland
- 8.40 Interpretational biases in children: where do they come from and how do they affect fear learning through verbal information?
Andy Field, Kathryn Lester, Zoë Nightingale
University of Sussex, UK
- 9.00 Are children with SAD afraid of the man with beard?
Tina In-Albon, Petra Hagmeier, Silvia Schneider
University of Basel, Switzerland

Symposium 18: Factors which predict outcome in treatment in Obsessive-Compulsive Disorder (OCD)

Lacroma, Elafiti 2

Convenors: Lynne Drummond⁽¹⁾, Elbina Avdagic⁽²⁾, Mark Boschen⁽²⁾, Shirley Morrissey⁽²⁾, Anusha Pillay⁽³⁾

⁽¹⁾ St George's, University of London, UK; ⁽²⁾ Griffith University, Australia; ⁽³⁾ South West London and St George's NHS Trust, UK

- 8.00 The impact of sleep on the outcome of Obsessive Compulsive Disorder
Ramamurthy Shashi Rani⁽¹⁾, Lynne Drummond⁽²⁾, Katharina Wulff⁽³⁾, Naomi Fineberg⁽⁴⁾, Josephine Sibanda⁽¹⁾
⁽¹⁾ SW London and St. Georges Mental Health Trust, UK; ⁽²⁾ St George's, University of London, UK; ⁽³⁾ University of Oxford, UK; ⁽⁴⁾ University of Hertfordshire, UK
- 8.20 Treatment factors which may predict outcome examining intensive community treatment and inpatient regime.
Anusha Pillay⁽¹⁾, Lynne Drummond⁽²⁾
⁽¹⁾ South West London and St George's NHS Trust, UK; ⁽²⁾ St George's University of London, UK
- 8.40 Predicting treatment completion and outcome for severe, treatment resistant OCD.
Mark Boschen⁽¹⁾, Lynne Drummond⁽²⁾, Anusha Pillay⁽³⁾
⁽¹⁾ Griffith University, Australia; ⁽²⁾ St George's University of London, UK; ⁽³⁾ South West London and St George's Mental Health NHS Trust, UK
- 9.00 Illness representations and readiness to change in chronic anxiety
Elbina Avdagic⁽¹⁾, Shirley Morrissey⁽¹⁾, Lynne Drummond⁽²⁾, Katherine Morton⁽²⁾, Katherine Martin⁽³⁾
⁽¹⁾ Griffith University, Australia; ⁽²⁾ St George's University of London, UK; ⁽³⁾ South West London and St George's Mental Health NHS Trust, UK

Symposium 19: Using imagery to promote emotional change

Lacroma, Elafiti 3

Convenors: Mervin R. Smucker⁽¹⁾, Asle Hoffart⁽²⁾, Leigh McCullough⁽³⁾, Tomas F. Langkaas⁽³⁾
(1) Medical College of Wisconsin, USA; (2) University of Oslo, Norway; (3) Harvard Medical School, USA

Chair: Mervin Smucker, *Medical College of Wisconsin, USA*

- 8.00 Theoretical principles of imagery rescripting and reprocessing therapy
Asle Hoffart
Modum Bad, Norway
- 8.25 Assessing emotions in the treatment of PTSD
Tomas Langkaas
Modum Bad Research Institute, Norway
- 8.50 The use of socratic imagery in promoting self-calming, self-soothing strategies with Borderline patients
Mervin Smucker
Medical College of Wisconsin, USA

Symposium 20: Virtual encounters: Social anxiety in a virtual world

Lacroma, Elafiti 4

Convenors: Eni S. Becker, Mike Rinck, Janna N. Vrijksen, Wolf-Gero Lange
Radboud University Nijmegen, The Netherlands

- 8.00 From the VR lab: Social anxiety predicts automatic avoidance
Eni S. Becker, Tobias Rörtgen, Wolf-Gero Lange, Mike Rinck
Radboud University Nijmegen, The Netherlands
- 8.20 Avoidance of emotional facial expressions in social anxiety? A virtual reality study
Mike Rinck, Gero Keijsers, Tom Kalisvaart, Eni S. Becker
Radboud University Nijmegen, The Netherlands
- 8.40 Do socially anxious women like to be mimicked? A virtual reality study
Janna Vrijksen, Ron Dotsch, Daniel Wigboldus, Mike Rinck
Radboud University Nijmegen, The Netherlands
- 9.00 Don't move: Mimicry in social anxiety
Wolf-Gero Lange, Janna Vrijksen, Eni S. Becker, Mike Rinck
Radboud University Nijmegen, The Netherlands

8.00-9.30 Individual papers

Individual papers 11: Papers in Croatian

Lacroma, Bokar

Chair: Vera Slodnjak, *Slovenian Association of Behaviour and Cognitive Therapies, Slovenia*

- 8.00 Childhood stress – sources and manifestations
Tanja Jurin, Anita Lauri Korajlija, Nataša Jokić-Begić
University of Zagreb, Croatia

- 8.25 Negative emotions and binge eating symptoms in obese patients
Alessandra Pokrajac-Bulian, Božica Dušević, Miljana Kukić
University of Rijeka, Croatia
- 8.50 The content of fears in school children
Ana Staničić⁽¹⁾, Tanja Jurin⁽²⁾
⁽¹⁾ *Center for clinical psychology, Croatia;* ⁽²⁾ *University of Zagreb, Croatia*

Individual papers 12: Parenting

Lacroma, Asimon

Chair: Marija Lebedina Manzoni, *University of Zagreb, Croatia*

- 8.00 When a child dies; cognitive couple therapy for grieving parents
Therese Brask-Rustad
Buskerud Hospital, Norway
- 8.15 The impact of religiosity on depression and anger in the mothers of disabled children
Gokcen Duymaz⁽¹⁾, Irem Motan⁽²⁾
⁽¹⁾ *Dogus University, Turkey;* ⁽²⁾ *Ondokuz Mayıs University, Turkey*
- 8.30 Teenage motherhood in Azores Islands: improving mothers' adjustment through the development of psychological intervention guidelines
Ana Fonseca⁽¹⁾, Bárbara Nazaré⁽¹⁾, Anabela Araújo-Pedrosa⁽²⁾
⁽¹⁾ *University of Coimbra, Portugal;* ⁽²⁾ *University of Coimbra Hospitals, Portugal*
- 8.45 Promoting adaptation to pregnancy among teenagers: The role of cognitive-behavioral strategies
Bárbara Nazaré, Ana Fonseca, Anabela Araújo Pedrosa, Maria Cristina Canavarro
University of Coimbra, Portugal
- 9.00 Promoting adolescent school success – "Between parents" group parenting intervention
Ana Pereira⁽¹⁾, Ana Goes⁽²⁾
⁽¹⁾ *Instituto de Psicologia Cognitiva, Portugal;* ⁽²⁾ *Universidade de Lisboa, Portugal*

Individual papers 13: Worry, GAD

Lacroma, Divona 1

Chair: Peter Janjušević, *The Counselling Centre for Children, Adolescents and Parents, Slovenia*

- 8.00 Metacognitive worry in anxiety-disordered adolescents
Danielle Ellis, Jennifer Hudson, Ron Rapee
Centre for Emotional Health, Macquarie University, Australia
- 8.15 Reducing uncontrollable worry in Generalized Anxiety Disorder (GAD): The impact of three thought modification strategies
Diana Grivas, Maree Abbott
University of Sydney, Australia
- 8.30 Ethnic differences in worry: A South African perspective
Chrisma Pretorius, Karel Esterhuysen
University of the Free State, South Africa
- 8.45 Worry, meta-cognitive beliefs and intolerance of uncertainty in a non-clinical multi-ethnic sample of university students
Chrisma Pretorius, Stephen Walker
University of the Free State, South Africa

- 9.00 Cognitive therapy vs. Rational Emotive Behavior Therapy vs. Acceptance & Commitment Therapy in the treatment of generalized anxiety disorder. A randomized clinical trial
Aurora Szentagotai, Daniel David, Ioana Cristea, Ramona Moldovan, Bianca Macavei
Babes-Bolyai University, Romania

9.00-12.30 In-congress workshops

You can still book your place at the registration desk (75 EUR).

W11: Reinventing Columbus' egg: the role of compassionate therapy relationship in the treatment of major depression and personality disorders

Dora Perczel Forintos, *Semmelweis University, Hungary*

Hotel President/ Olipa 1

W12: Imago Relationship Therapy - Emotional & cognitive-behavioral approach to work with couples

Ljiljana Bastaić, *Center Lj. Bastaic for psychotherapy and consultation, Croatia*

Hotel President/ Olipa 2

W13: Catastrophic scenario in the treatment of hypochondriasis, OCD and anxiety disorders

Jan Prasko, Barbora Bulikova, Andrea Cinculova, *University Hospital Olomouc, Czech Republic*

Hotel President/ Olipa 3

W14: Interpersonal and experiential therapies for generalized anxiety disorder

Tom Borkovec, *Penn State University, USA*

Hotel President/ Tajan

9.45-10.30 Invited lectures

Personality disorders in children and adolescents: Is this a reasonable and useful diagnosis?

Arthur Freeman, *Department of Psychology, Governors State University, USA*

Lacroma, Elafiti 1

Is there anything we can learn from "sufism" to enhance awareness and understanding?

Mehmet Zihni Sungur, *Marmara University, Department of Psychiatry, Turkey*

Lacroma, Elafiti 2

The nature and empirical status of metacognitive theory and therapy for PTSD

Adrian Wells, *University of Manchester, UK*

Lacroma, Elafiti 3

10.30-11.00 Coffee break

11.00-12.30 Symposia

Symposium 21: Underlying working mechanisms of exposure: From the lab to clinical practice

Lacroma, Elafiti 1

Convenors: Rudi De Raedt, An Raes, Valerie Marescau, Anouk Vanden Bogaerde

Ghent University, Belgium

Chair: Rudi De Raedt, *Ghent University, Belgium*

- 11.00 Mechanisms of change in exposure: Experimental research with clinical relevance
Rudi De Raedt
Ghent University, Belgium
- 11.20 The impact of cognitive load on extinction: Extinction requires cognitive resources.
An Raes, Rudi De Raedt, Bruno Verschuere, Jan De Houwer
Ghent University, Belgium
- 11.40 Context and extinction: On the renewal of extinguished behavior and methods to attenuate it
Valerie Marescau ⁽¹⁾, Deb Vansteenwegen ⁽²⁾
⁽¹⁾ *Ghent University, Belgium*; ⁽²⁾ *University of Leuven, Belgium*
- 12.00 Internal sensations as a source of conditioned fear in fear of flying
Anouk Vanden Bogaerde, Rudi De Raedt
Ghent University, Belgium

Symposium 22: Perceived and Actual Behavioral Control in Obsessive-Compulsive Disorder

Lacroma, Elafiti 2

Convenors: Reuven Dar ⁽¹⁾, Amitai Abramovitch ⁽¹⁾, Eliane C.P. Dek ⁽²⁾, Laurie A. Gelfand ⁽³⁾, Assaf Soref ⁽³⁾
⁽¹⁾ *Tel Aviv University, Israel*; ⁽²⁾ *Utrecht University, The Netherlands*; ⁽³⁾ *Concordia University, Canada*

Chair: Reuven Dar, *Tel Aviv University, Israel*

- 11.00 What can I do versus what can be done? Examining the influence of perceived control beliefs on cleaning behavior
Laurie Gelfand, Adam Radomsky
Concordia University, Canada
- 11.20 Losing control?: Impulsivity, compulsivity and executive control in obsessive compulsive disorder and attention deficit/hyperactivity disorder
Amitai Abramovitch ⁽¹⁾, Reuven Dar ⁽¹⁾, Avraham Schweiger ⁽²⁾
⁽¹⁾ *Tel Aviv University, Israel*; ⁽²⁾ *The Academic College of Tel Aviv, Israel*
- 11.40 Elevated control in implicit learning task impairs performance of participants with high OC tendencies, but facilitates performance of participants with Low OC tendencies
Assaf Soref, Reuven Dar, Nira Liberman
Tel Aviv University, Israel
- 12.00 Automatization of cognitive and motor routines in sub-clinical obsessive-compulsive disorder
Eliane C.P. Dek, Marcel A. van den Hout, Iris M. Engelhard
Utrecht University, The Netherlands

Symposium 23: Cognitive behavioral treatments for PTSD – new developments

Friday

Lacroma, Elafiti 3

Convenor: Regina Steil, *University Frankfurt Main, Germany*

- 11.00 Dialectical-behavior-therapy for posttraumatic stress disorder (DBT-PTSD) after childhood sexual abuse: A randomized controlled trial
Regina Steil⁽¹⁾, Anne Dyer⁽²⁾, Kathlen Priebe⁽²⁾, Martin Bohus⁽²⁾
(1) University Frankfurt Main, Germany; (2) Central Institute for Mental Health Mannheim, Germany
- 11.25 Intensive cognitive therapy for PTSD: Evaluation and mediation of treatment effects
Anke Ehlers, David Clark, Ann Hackmann, Nick Grey, Jennifer Wild
King's College London, UK
- 11.50 Cognitive therapy for PTSD linked to terrorism and other civil conflict in Northern Ireland: Description and Evaluation
Michael Duffy⁽¹⁾, Kate Gillespie⁽²⁾, David M. Clark⁽³⁾
(1) Queens University Belfast, UK; (2) Northern Ireland Centre for Trauma and Transformation, Northern Ireland, UK; (3) King's College London, UK

Symposium 24: Advances to cognitive models of social phobia

Lacroma, Elafiti 4

Convenors: Ron Rapee⁽¹⁾, Lynn Alden⁽²⁾, Lexine Stapinski⁽²⁾, Andrew Baillie⁽²⁾

(1) Macquarie University, Australia; (2) University of British Columbia, Canada

Chair: Lexine Stapinski, *Macquarie University, Australia*

- 11.00 Self perception of performance in social phobia: True perception or prior expectancy?
Ronald Rapee⁽¹⁾, Maree Abbott⁽²⁾
(1) Macquarie University, Australia; (2) University of Sydney, Australia
- 11.20 Implications of the dual regulatory perspective for Social Phobia
Lynn Alden⁽¹⁾, Charles Taylor⁽²⁾
(1) University of British Columbia, Canada; (2) San Diego State University, USA
- 11.40 Comorbid Social Anxiety and Alcohol Use Disorders - understanding and treatment
Andrew Baillie⁽¹⁾, Lexine Stapinski⁽¹⁾, Lucy Vincent⁽¹⁾, Claudia Sannibale⁽²⁾, Maree Teesson⁽²⁾
(1) Macquarie University, Australia; (2) University of New South Wales, Australia
- 12.00 Impact of CBT on maintaining cognitive mechanisms in Social Phobia
Lexine Stapinski⁽¹⁾, Ron Rapee⁽¹⁾, Maree Abbott⁽²⁾
(1) Macquarie University, Australia; (2) University of Sydney, Australia

11.00-12.30 Individual papers

Individual papers 14: Papers in Croatian

Lacroma, Bokar

Chair: Vera Slodnjak, *Slovenian Association of Behaviour and Cognitive Therapies, Slovenia*

- 11.00 Attributional style in depressive and anxiety disorders
Anita Lauri Korajlija, Nataša Jokić-Begić, Tanja Jurin
University of Zagreb, Croatia
- 11.20 Dilemmas on mindfulness usage in anxiety and depression treatment
Miranda Novak
University of Zagreb, Croatia

- 11.40 Sensitivity of the metacognition survey in metacognitive therapy effects estimation, found with anxiously depressive patients, as well as with clinically
Jasna Petković⁽¹⁾, Emir Tupković⁽²⁾
(1) University Clinical Center, Bosnia and Herzegovina; (2) Department of Neuropsychiatry of Primary Health Center, Bosnia and Herzegovina
- 12.00 Importance of behavioral experiments in the treatment of avoidant personality disorder and generalized social phobia: A case study
Dragica Barbarić-Mirić
Modus - Centre for Children, Young People and Families, Croatia

Individual papers 15: CBT with children

Lacroma, Asimon

Chair: Tanja Jurin, *University of Zagreb, Croatia*

- 11.00 A peers cognitive behavioural therapy (CBT) program to reduce and prevent depressive symptoms among children aged 8 to 13 years
Lina Ricciardelli, Sophie Banfield, Marita P McCabe
Deakin University, Australia
- 11.15 Cognitive mediation in small samples: Do automatic thoughts and cognitive errors mediate anxiety and school attendance in youth following CBT?
Marija Maric⁽¹⁾, David Heyne⁽¹⁾, Rita Snel⁽²⁾, Robert Vermeiren⁽²⁾, Michiel Westenberg⁽²⁾
(1) Leiden University, The Netherlands; (2) Curium-LUMC / Leiden University Medical Center, The Netherlands
- 11.30 Comparison of evidence based treatments for major depression in children and adolescents
Daniel David⁽¹⁾, Bianca Macavei⁽¹⁾, Ramona Moldovan⁽¹⁾, Felicia Iftene⁽²⁾, Aurora Szentagotai⁽²⁾
(1) Babes-Bolyai University, Romania; (2) Iuliu Hatieganu University of Medicine and Pharmacy, Romania
- 11.45 Treasure Hunt - a video game to support cognitive behavioural treatment of children
Veronika Brezinka
Zürich University, Switzerland
- 12.00 Therapeutic alliance and improvement in symptom levels in child anxiety treatment
Krister Fjermestad⁽¹⁾, Gro Janne Wergeland⁽²⁾, Odd E. Havik⁽¹⁾, Einar Heiervang⁽¹⁾, Jon F. Bjaastad⁽³⁾
(1) University of Bergen, Norway; (2) Haukeland University Hospital, Norway; (3) Bergen Child Anxiety Study, Norway
- 12.15 The role of rumination in the onset and maintenance of depressive symptoms in non-clinical children and adolescents
Lea Rood⁽¹⁾, Jeffrey Roelofs⁽¹⁾, Susan Bogels⁽²⁾, Cor Meesters⁽²⁾
(1) Maastricht University, The Netherlands; (2) University of Amsterdam, The Netherlands

Individual papers 16: Psychosis; Bipolar disorder

Lacroma, Divona 1

Chair: Olivera Žikić, *Clinic for Mental Health Protection, Serbia*

- 11.00 The cost-effectiveness of CBT for persistent psychosis
Mark Van der Gaag⁽¹⁾, Dennis Stant⁽²⁾, Kerstin Wolters⁽²⁾, Durk Wiersma⁽²⁾
(1) VU University Amsterdam, The Netherlands; (2) University Medical Center Groningen, The Netherlands

Friday

- 11.15 Cognitive behaviour therapy (CBT) in bipolar disorder: a randomized controlled study
Gerhard Lenz, Andrea Bergthaler, Beatrix Breit-Gabauer, Sabine Demelbauer, Itha Stampfer
Medical University of Vienna, Austria
- 11.30 Psychological intervention for relapse prevention in first episode schizophrenia
Birgit Conradt ⁽¹⁾, Stefan Klingberg ⁽²⁾
(1) Heinrich-Heine-University Düsseldorf, Germany; (2) University of Tuebingen, Germany
- 11.45 Is cognitive impairment a rate-limiter for CBT in psychosis?
Rafael Penadés, Rosa Catalán, Nuria Pujol, Joana Guarch, Cristobal Gastó
Hospital Clinic Barcelona, Spain
- 12.00 Bipolar disorder and family focused cognitive therapy
Therese Brask-Rustad
Buskerud Hospital, Norway

11.00-12.30 Special interest group

Special interest group 1: Interactive session on bipolar disorders, psychosis and sex and couple therapy

Convenors: Antonio Pinto ⁽¹⁾, Tullio Scrimali ⁽²⁾, Nikolas Nikolaidis ⁽³⁾, Mehmet Sungur ⁽⁴⁾

(1) Department of Mental Health, Naples, Italy; (2) Department of Psychiatry, University of Catania; (3) 2nd University Psychiatric Clinic of Aristotle University of Thessaloniki, Thessaloniki, Greece; (4) Department of Psychiatry, University of Istanbul, Turkey

Lacroma, Divona 2

12.30-14.00 Lunch break

Lacroma, restaurant

14.00-17.30 In-congress workshops

You can still book your place at the registration desk (75 EUR).

W15: Mindfulness-Based cognitive interventions for psychiatric disorders in outpatient and inpatient treatment

Fabrizio Didonna, *Casa di cura Villa Margherita, Italy*

Hotel President/ Olipa 1

W16: Structured writing therapy for ASD and PTSD

Arnold Van Emmerik, Jan Henk Kamphuis, *University of Amsterdam, The Netherlands*

Hotel President/ Olipa 2

W17: CBT for Panic Disorder

Gregoris Simos, *Aristotelian University of Thessaloniki, Greece*

Hotel President/ Olipa 3

W18: Metacognitive therapy for obsessive compulsive disorder

Peter Fisher, *University of Liverpool, UK*

Hotel President/ Tajan

W19: Personality disorders in childhood and adolescence

Arthur Freeman, *Governors State University, USA*

Hotel President/ Ruda

14.00-15.30 Symposia**Symposium 25: Suicide Prevention**

Lacroma, Elafiti 1

Convenor: Dora Perczel Forintos, *Semmelweis University, Hungary*

- 14.00 Hopelessness in the Hungarian society
Dora Perczel Forintos ⁽¹⁾, Sandor Rozsa ⁽²⁾, Maria Kopp ⁽¹⁾,
(1) Semmelweis University, Hungary, (2) Eotvos University, Hungary
- 14.25 Effectiveness of cognitive-behavior therapy of depressed adolescents in depressive symptoms and prevention of suicide
Enikő Kiss, Ágnes Vetró
University of Szeged, Hungary
- 14.50 Prevention of depression in adolescents
Eirikur Arnarson ⁽¹⁾, Edward W. Craighead ⁽²⁾
(1) University of Iceland, Iceland; (2) Emory University School of Medicine, USA

Symposium 26: Obsessive compulsive disorder: 'Tales of the unexpected'

Lacroma, Elafiti 2

Convenors: Victoria Bream Oldfield ⁽¹⁾, Paul Salkovskis ⁽²⁾
(1) Maudsley Hospital, London; (2) King's College London, UK

- 14.00 Myths and realities: Mothers with OCD and the impact on parenting and children
Fiona Challacombe
King's College London, UK
- 14.15 Clinical and treatment comparisons between adults with early- and late-onset Obsessive Compulsive Disorder
Claire Lomax ⁽¹⁾, Victoria Bream Oldfield ⁽²⁾, Paul Salkovskis ⁽³⁾
(1) Newcastle PCT, UK; (2) Maudsley Hospital, UK; (3) King's College London, UK

Friday

- 14.30 The impact of symptomatic hoarding in OCD and its treatment.
Victoria Bream Oldfield⁽¹⁾, Catherine Seaman⁽²⁾, Elizabeth Forrester⁽²⁾, Olivia Gordon⁽²⁾
(1) Maudsley Hospital London, UK; (2) King's College London, UK
- 14.45 Treating obsessional treatment non-responders
Blake Stobie
King's College London, UK
- 15.00 A study of the association between OCD and OCPD: Prevalence, clinical characteristics and impact on Cognitive-Behavioural Therapy for OCD
Olivia Gordon, Paul Salkovskis, Natalie Carter, Alison Hayward, Victoria Bream Oldfield
King's College London, UK

Symposium 27: When change is not on Time – Troubleshooting Protocol-Based Treatment of PTSD

Lacroma, Elafiti 3

Convenors: Mervin R. Smucker⁽¹⁾, Tomas F. Langkaas⁽²⁾, Gro Nore⁽³⁾, Finn-Magnus Borge⁽³⁾
(1) Medical College of Wisconsin, Milwaukee, USA; (2) University of Oslo, Norway; (3) Modum Bad Psychiatric Hospital, Norway

Chair: Mervin Smucker, *Medical College of Wisconsin, USA*

- 14.00 When manual-based treatment fails: Experiences from troubleshooting a case of imagery rescripting and reprocessing therapy
Finn-Magnus Borge
Modum Bad, Norway
- 14.20 Implementing manual-based treatment in a naturalistic setting – how regular treatment can benefit from quality control measures used in psychotherapy research
Tomas Langkaas
Modum Bad Research Institute, Norway
- 14.40 When manual-based treatment fails: Experiences from troubleshooting a case of prolonged exposure
Gro Nore
Modum Bad Klinikken, Norway
- 15.00 How to overcome obstacles in imagery rescripting and reprocessing therapy – summarizing years of clinical experience
Asle Hoffart⁽¹⁾, Mervin Smucker⁽²⁾
(1) Modum Bad, Norway; (2) Medical College of Wisconsin, USA

Symposium 28: Removing myth and mystery: Diagnosis, contributing factors and treatment of Erectile Dysfunction – International Perspectives

Lacroma, Elafiti 4

Convenors: Sharon Freeman⁽¹⁾, Mehmet Sungur⁽²⁾, Daniel David⁽³⁾, Ramona Moldovan⁽³⁾, Christopher Steidle⁽⁴⁾, David Polifrone⁽⁴⁾
(1) Center for Brief Therapy, USA; (2) Medical School of Marmara University, Turkey; (3) Babes-Bolyai University, Romania; (4) Northeast Indiana Research, U.S.A

Chair: Sharon Freeman, *Center for Brief Therapy & Indiana/Purdue University, USA*

- 14.00 Why combined treatment in erectile dysfunction (ED)? Isn't drug treatment enough?
Mehmet Zihni Sungur
Medical School of Marmara University, Turkey

- 14.20 Preliminary results in a romanian population screening of erectile dysfunction
Ramona Moldovan, Daniel David
Babes-Bolyai University, Romania
- 14.40 Removing myth and mystery: diagnosis, contributing factors and treatment of Erectile Dysfunction - International Perspectives
Dave Pollifrone⁽¹⁾, Janet Casperson⁽¹⁾, Sharon Freeman⁽²⁾, Christopher Steidle⁽¹⁾
(1) Northeast Indiana Urology, USA; (2) Center for Brief Therapy, USA

Symposium 29: Practicing CBT in university setting

Lacroma, Bokar

Convenor: Ivanka Živčić-Bećirević, *University of Rijeka, Croatia*

- 14.00 The Cognitive-behavioral therapeutic model in the psychological counselling in higher education.
Diana Charila, Anastasia Kalantzi-Azizi
The National and Kapodistrian University of Athens, Greece
- 14.15 A cognitive-behavioral approach to group treatment of procrastinators in an academic setting
Sofie Michielsens
Katholieke Universiteit Leuven, Belgium
- 14.30 CBT model of group treatment for underachieving university students
Nada Anić
Student Health Center Zagreb, Croatia
- 14.45 Procrastination in college students
Ivanka Živčić-Bećirević, Ines Jakovčić, Tamara Sremec
University of Rijeka, Croatia
- 15.00 Experiences with a cognitive-behavioural psycho-educational program in stress control
Kirsten Plessers
Catholic University Louvain, Belgium
- 15.15 The internship program in a cognitive-behavioural therapy service at the university setting
Helena Afonso, Isabel Sá
University of Lisbon, Portugal

Symposium 30: Novel approaches to study the influence of interpersonal experiences on clinically relevant behaviour

Lacroma, Asimon

Convenors: Katrijn Brenning⁽¹⁾, Jeffrey Roelofs⁽²⁾, Marieke Dewitte⁽¹⁾, Guy Bosmans⁽¹⁾, Caroline Braet⁽¹⁾
(1) Ghent University, Belgium; (2) University of Maastricht, The Netherlands

Chair: Guy Bosmans, *Ghent University, Belgium*

- 14.00 Priming attachment security and attachment insecurity: The cognitive vulnerability model applied to attachment theory
Guy Bosmans, Marieke Dewitte, Caroline Braet
Ghent University, Belgium
- 14.20 Autobiographical memory specificity and adult attachment
Marieke Dewitte, Jan De Houwer
Ghent University, Belgium

Friday

- 14.40 Attachment, schemas and symptoms of depression in non-clinical adolescents
Jeffrey Roelofs
University of Maastricht, The Netherlands
- 15.00 Attachment and depression in middle childhood and early adolescence, the contribution of emotion-regulation as possible mediator.
Katrijn Brenning, Caroline Braet, Bart Soenens, Guy Bosmans
Ghent University, Belgium

15.30-16.00 Coffee break

16.00-16.45 Invited lectures

Cognitive-Behavioural Case Formulation: The long way round toward individualized clinical-scientific practice

Michael Bruch, *University College London, UK*

Lacroma, Elafiti 1

Complex Trauma and Dissociative Identity Disorder (DID) – A positive growth approach toward alignment and integration

Claudia Herbert, *The Oxford Stress and Trauma Centre, UK*

Lacroma, Elafiti 2

Strengthening family resilience

Frank M. Dattilio, *Harvard Medical School, USA*

Lacroma, Elafiti 3

17.00-18.00 Individual papers

Individual papers 17:

Lacroma, Elafiti 1

Chair: Anita Lauri Korajlija, *University of Zagreb, Croatia*

- 17.00 Third wave approaches in cognitive behavior psychotherapy: relationships between experiential avoidance, dysfunctional beliefs and emotional distress
Ioana Alina Cristea, Daniel David
Babes-Bolyai University, Romania
- 17.20 A four hour student delivered Acceptance and Commitment Therapy for depression;
Raimo Lappalainen, Elina Timo, Aino Kohtala, Laura Savonen, Piia Astikainen
University of Jyväskylä, Finland

- 17.40 Comprehensive model of factors influencing the processes of meaning assignment: development of Alford and Beck axioms of cognitive therapy
Andrzej Kokoszka
Medical University of Warsaw, Poland

Individual papers 18: Anxiety

Lacroma, Elafiti 2

Chair: Dragica Barbarić-Mirić, *MODUS, Centre for Children, Young People and Families, Croatia*

- 17.00 Treatment efficacy of group cognitive-behavioral therapy for anxiety disorders
Špela Hvalec, Rok Podkrajšek
Psychiatric Hospital Idrija, Slovenia
- 17.15 An experimental study on Test Anxiety: Comparing mindfulness, thought suppression and rumination
Sónia Gregório, José Pinto-Gouveia
University of Coimbra, Portugal
- 17.30 The development of an attentional bias following Pavlovian fear conditioning
Mark Boschen, Leah Pischek-Simpson, David Neumann, Allison Waters
Griffith University, Australia
- 17.45 Enhanced conditionability in flying phobia
Noortje Vriends⁽¹⁾, Tanja Michael⁽¹⁾, Bettina Schindler⁽²⁾
(1) University of Basel, Switzerland; (2) Fit to Fly, Switzerland

Individual papers 19: Trauma

Lacroma, Elafiti 3

Chair: Alma Pašalić, *Sarajevo University Medical Centre, Bosnia and Herzegovina*

- 17.00 Can shame experiences become traumatic memories?: Implications to psychopathology
Marcela Matos, José Pinto-Gouveia
CINEICC, University of Coimbra, Portugal
- 17.20 Intrusive trauma memory: But what the hell is it for?
Julie Krans⁽¹⁾, Gérard Näring⁽¹⁾, Eni S. Becker⁽¹⁾, Emily A. Holmes⁽²⁾
(1) Radboud University Nijmegen, The Netherlands; (2) Oxford University, UK
- 17.40 Early heart rate responses to standardized trauma-related pictures predict posttraumatic stress disorder – a prospective longitudinal study
Oliver Suendermann⁽¹⁾, Anke Ehlers⁽¹⁾, Inga Boellinghaus⁽¹⁾, Matthias Gamer⁽²⁾, Edward Glucksman⁽³⁾
(1) King's College London, UK; (2) Universitätsklinikum Hamburg, Germany; (3) King's College Hospital, UK

Individual papers 20: CBT for cancer patients

Lacroma, Elafiti 4

Chair: Dubravka Svilar-Blažinić, *Family Centre Zagreb, Croatia*

- 17.00 A group cognitive behaviour therapy with Portuguese breast cancer women
Ana Torres, Anabela Pereira, Sara Monteiro
University of Aveiro, Portugal

Friday

- 17.20 Early CBT intervention for treatment of posttraumatic stress, anxiety and depression in head and neck cancer patients undergoing radiation treatment
Maria Kangas ⁽¹⁾, Chris Milross ⁽²⁾, Richard Bryant ⁽³⁾
(1) Macquarie University, Australia; (2) Sydney Cancer Centre, Australia; (3) University of New South Wales, Australia
- 17.40 Improving adaptation to life for pediatric patients and their families following completion of cancer treatment
Louise Sharpe ⁽¹⁾, Michael Stevens ⁽²⁾, Rhondda Rytmeister ⁽²⁾, Bridget McGinley ⁽¹⁾, Clinton Moore ⁽¹⁾
(1) University of Sydney, Australia; (2) Children's Hospital at Westmead, Australia

Individual papers 21: Child anxiety

Lacroma, Bokar

Chair: Fani Bašić, *private practice, Croatia*

- 17.00 Biases in interpretation and memory in spider-fearful children
Anke Klein ⁽¹⁾, Geraldine Titulaer ⁽¹⁾, Carlijn Simons ⁽¹⁾, Esther Allart ⁽²⁾, Erwin de Gier ⁽²⁾
(1) Radboud University Nijmegen, The Netherlands; (2) GGz Nijmegen Angstpoli, The Netherlands
- 17.15 An Integrated social information processing model of comorbid anxiety and conduct problems in childhood
Sandra Heriot ⁽¹⁾, Caroline Hunt ⁽²⁾, Tracy Rhodes ⁽²⁾
(1) M-H Kids NSW Health, Australia; (2) University of Sydney, Australia
- 17.30 Direct and indirect measures of spider fear predict unique variance in children's fear-related behavior
Anke Klein
Radboud University Nijmegen, The Netherlands
- 17.45 Experimental modification of interpretation bias in children: Changes in interpretation, anticipated anxiety and social anxiety symptoms
Stephanos Vassilopoulos
University of Patras, Greece

9.00-18.00 Posters

Lacroma, Exhibition hall (Foyer)

Poster presentations from No. 70 to No. 98:

- General topic: **depression**
- Authors will be present for discussion from 10.30 to 11.30

Poster presentations from No. 99 to No. 133:

- General topics: **anxiety, stress, trauma**
- Authors will be present for discussion from 15.00 to 16.00

- 70 Accessibility of mood-congruent/incongruent memory after negative mood induction in dysphoric individuals: Role of mood change amount
Ling Chen, Sue-Hwang Chang
National Taiwan University, Taiwan, R.O.C.

- 71 Are self-rated scales for depressive symptoms an alternative to clinician ratings
Guido Bondolfi, Francoise Jermann, Béatrice Weber, Marianne Gex-Fabry, Chi Nguyen
Geneva University Hospitals, Switzerland
- 72 Are the BDI a good predictor of efficacy for CBT group?
Guarch Joana ⁽¹⁾, Casafont Vilar ⁽¹⁾, Penades Rubio ⁽²⁾, Navarro Odriozola ⁽²⁾, Gasto Ferrer ^(1,2)
(1) Universitat de Barcelona, Spain; (2) Hospital Clinic Barcelona, Spain
- 73 Associations between the recognition of basic emotions in facial expressions and the factors of the Young Schema Questionnaire in depressed patients
Gábor Csukly ⁽¹⁾, Zsolt Unoka ⁽¹⁾, Barnabás Takács ⁽²⁾, Anna Sákovics ⁽²⁾, Lajos Simon ⁽¹⁾
(1) Semmelweis University, Hungary; (2) Hungarian Academy of Sciences, Hungary
- 74 CBT intervention strategies in psycho-educational program for outpatients with moderate depression: A qualitative analysis of experiences of participants
Alma Pašalić
Sarajevo University Medical Centre, Bosnia and Herzegovina
- 75 Change in sexual desire following cognitive therapy in depression
Parvaneh Mohammadkhani ⁽¹⁾, Keith Dobson ⁽²⁾, Amenh Setareh Fourozan ⁽²⁾
(1) University of Welfare and Rehabilitation Sciences, Iran; (2) Calgary University, Canada
- 76 Changes in ruminative thinking mediate the clinical benefits of mindfulness
Alexandre Heeren, Pierre Philippot
Université Catholique de Louvain, Belgium
- 77 Cognitive reactivity to sad mood: contribution of the history of depression and the length of current depressive episode
Zorica Marić ⁽¹⁾, Tatjana Vukosavljević Gvozden ⁽²⁾
(1) REBT center - associate training center of Albert Ellis Institute, Serbia; (2) University of Belgrade, Serbia
- 78 Depression-related attentional bias: The influence of symptom severity and symptom specificity
Saskia Baert, Rudi De Raedt, Ernst Koster
University of Ghent, Belgium
- 79 Depressive symptoms and attentional control: An antisaccade study
Evi De Lissnyder ⁽¹⁾, Nazanin Derakshan ⁽²⁾, Ernst Koster ⁽¹⁾, Rudi De Raedt ⁽¹⁾
(1) University of Ghent, Belgium; (2) Birkbeck, University of London, UK
- 80 Emotion regulation, negative affectivity, and dysphoria: Moderated mediation
Ljiljana Mihić, Zdenka Novović, Veljko Jovanović, Boris Popov
University of Novi Sad, Serbia
- 81 Evaluation of effectiveness of a community based intervention programme on depression in youth population
Annabel Cebrià, Joaquim Punti, Montse Pamias, Jose Antonio Monreal, Diego Palao
Corporació Sanitaria Parc Taulí, Spain
- 82 Gender differences in relationships between emotional distress, life satisfaction and sense of control: Structural Equation Modeling
Kersti Luuk, Anu Aluoja
University of Tartu, Estonia
- 83 Identification of "at-risk" students for prevention and early intervention for depression
Sara Monteiro ⁽¹⁾, Carlos Fernandes da Silva ⁽¹⁾, Adriano Vaz Serra ⁽²⁾, Anabela Pereira ⁽²⁾
(1) University of Aveiro, Portugal; (2) University of Coimbra, Portugal
- 84 Irrational beliefs and goal importance in predicting dysfunctional mood states: an experimental study
Boris Popov, Mikloš Biro, Zdenka Novović
University of Novi Sad, Serbia
- 85 Optimism, pessimism and negative mood regulation expectancies
Madalina Sucala, Aurora Szentagotai, Daniel David
Babes-Bolyai University, Romania

- 86 Pain during depression and relationship to rejection sensitivity
 Anna Ehnvall ⁽¹⁾, Philip B. Mitchell ⁽²⁾, Gordon Parker ⁽²⁾, Dusan Hadzi-Pavlovic ⁽²⁾, Gin S. Malhi ⁽²⁾
⁽¹⁾ *Gothenburg University, Sweden;* ⁽²⁾ *University of New South Wales and Black Dog Institute, Prince of Wales Hospital, Sydney, Australia*
- 87 Patterns of beliefs system and personality dimensions in the prediction of affective disorders
 Ivana Peruničić ⁽¹⁾, Ivana Raković ⁽¹⁾, Dušica Lecić Toševski ⁽¹⁾, Goran Knežević ⁽²⁾
⁽¹⁾ *Institute of Mental Health, Serbia;* ⁽²⁾ *University of Belgrade, Serbia*
- 88 Thoughts, intelligence, personality and types of depression
 Ivana Peruničić ⁽¹⁾, Ivana Raković ⁽¹⁾, Mirjana Todorović ⁽¹⁾, Goran Knežević ⁽²⁾
⁽¹⁾ *Institute of Mental Health, Serbia;* ⁽²⁾ *University of Belgrade, Serbia*
- 89 Positive and negative metacognitions about rumination in depressed patients: a psychometric investigation of two metacognition scales
 Jeffrey Roelofs
Maastricht University, The Netherlands
- 90 Relation between depression symptoms, perfectionism and self-concept
 Marija Lebedina Manzoni, Martina Lotar
University of Zagreb, Croatia
- 91 Relations between cognitive and psychiatric constructs of vulnerability to depression
 Zdenka Novović, Ljiljana Mihić, Veljko Jovanović, Mikloš Biro
University of Novi Sad, Serbia
- 92 Subjective Physical Health and Health Related Behaviours as Predictors of First Incidence of DSM-IV Major Depression in a Community Sample of Young Women
 Laura A. Kastl ⁽¹⁾, Jürgen Margraf ⁽¹⁾, Noortje Vriends ⁽¹⁾, Andrea H. Meyer ⁽¹⁾, Eni S. Becker ⁽²⁾
⁽¹⁾ *University of Basel, Switzerland;* ⁽²⁾ *Radboud University of Nijmegen, The Netherlands*
- 93 The biological and psychological role of depression in smoking cessation
 Emiliza Stefanidou, Paraskevi Argyropoulou-Pataka
University Smoking Cessation Clinic-Papanikolaou Hospital Thessaloniki, Greece
- 94 The characteristics of aggression among Japanese college student with depressive mood
 Mayumi Ueno, Takuma Ishigaki
The University of Tokyo, Japan
- 95 The effect of pre-treatment depression on treatment outcome for OCD
 Sarah Roberts, Annie Taillon, Marc Lavoie, Kieron O'Connor
Centre de Recherche Fernand-Séguin, Canada
- 96 The preliminary psychometric properties of the Center for Epidemiological Studies-Depression (CES-D) in a Turkish sample
 Esin A. Yilmaz ⁽¹⁾, Irem Motan ⁽²⁾
⁽¹⁾ *Bolu Izzet Baysal University, Turkey;* ⁽²⁾ *Ondokuz Mayıs University, Turkey*
- 97 The role of general practitioner in suicide prevention
 Gyöngyi Ajtay, Dora Perczel Forintos
Semmelweis University, Hungary
- 98 Perfectionism and depressive symptoms in patients with obsessive-compulsive personality disorder
 Lorena Fernández-de-la-Cruz, Anna Soler, Irene Ramos, Marta Gómez, Roser Guillamat
Consorci Sanitari de Terrassa, Spain
- 99 A randomized controlled trial of virtual reality vs computer-aided exposure treatments for fear of flying
 Miquel Tortella-Feliu ⁽¹⁾, Cristina Botella ⁽²⁾, Jordi Llabrés ⁽²⁾, Juana Bretón ⁽²⁾, Rosa M. Baños ⁽³⁾
⁽¹⁾ *University of the Balearic Islands, Spain;* ⁽²⁾ *Jaume I University, Spain;* ⁽³⁾ *University of Valencia, Spain*
- 100 Attentional bias during visual threat processing in different degree of cockroach fear individuals: A time course analysis
 Ching I Chu, Sue-Hwang Chang
National Taiwan University, Taiwan, R.O.C.

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- 101 Behavior motivation in cockroach fearful individuals: role of countervailing incentives
Meng-Ju Yang, Sue-Hwang Chang
National Taiwan University, Taiwan, R. O. C.
- 102 Behavioural experiments in social phobia treatment
Agnieszka Pawełczyk⁽¹⁾, Artur Kołakowski⁽²⁾
(1) Medical University of Lodz, Poland; (2) CBT Centre, Poland
- 103 Case presentation – Cognitive-behavioural psychotherapy of a sexually abused girl
Marija Krmek, Gordana Buljan Flander, Renata Ćorić Špoljar
Child protection center, Croatia
- 104 Clinical conditions other than mental health related present in patients with severe Obsessive Compulsive Disorder
Ruxandra Ion⁽¹⁾, Patel Rupal⁽¹⁾, Anusha Pillay⁽¹⁾, Lynne Drummond⁽²⁾
(1) BCPU, Springfield University Hospital, UK; (2) St George's University of London, UK
- 105 Cognitive and psychophysiological reactions in acute stress disorder (ASD)
Gudrun Sartory, Karin Elsesser
University of Wuppertal, Germany
- 106 Cognitive behavioral approach in managing competition anxiety: a case of karate athlete
Renata Barić
University of Zagreb, Croatia
- 107 Competition between endogenous and exogenous attention to non-emotional stimuli in social anxiety
Jun Moriya, Yoshihiko Tanno
University of Tokyo, Japan
- 108 Disgust – a possible mask of anxiety disorders? A case report
Simona Primožič
University Children's hospital Ljubljana, Slovenia
- 109 Effectiveness of intensive three months behavioral and cognitive group therapy of anxiety disorders in daily unit setting: preliminary report
Ludwik Bryła⁽¹⁾, Marek Żebrowski⁽¹⁾, Małgorzata Zaryczna⁽¹⁾, Arkadiusz Bilejczyk⁽¹⁾, Andrzej Kokoszka⁽²⁾
(1) Psychotherapy Center, Poland; (2) Medical University of Warsaw, Poland
- 110 Effects of context and recall of extinction memory on return of fear after exposure therapy
Karin Elsesser⁽¹⁾, André Wannemüller⁽¹⁾, Peter Jöhren⁽²⁾, Gudrun Sartory⁽²⁾
(1) University of Wuppertal, Germany; (2) Dental Clinic, St. Augusta Hospital, Germany
- 111 Exposure to adverse events and obsessive-compulsive symptoms in a community sample
Grazia Ceschi, Melissa David, Martial Van der Linden
University of Geneva, Switzerland
- 112 Individual difference of the effect of acute stress on word memory
Mingming Lin, Yoshihiko Tanno
The University of Tokyo, Japan
- 113 Influence of personality disorder on the treatment of panic disorder – comparison study
Andrea Cinculová⁽¹⁾, Jan Prasko⁽¹⁾, Barbora Bulikova⁽¹⁾, Petra Houbova⁽²⁾, Jana Vyskocilova⁽²⁾
(1) University Palacky Olomouv, Czech Republic; (2) Prague Psychiatric Centre, Czech Republic
- 114 Measuring the differential aspects between obsessive intrusive thoughts and clinical obsessions
Gemma Garcia-Soriano⁽¹⁾, Amparo Belloch⁽²⁾, Nuria Reina López⁽³⁾
(1) Universidad Nacional a Distancia, Spain; (2) Universitat de València, Spain; (3) Corporació Sanitària Parc Taulí, Spain
- 115 Neuroticism and the discrimination between threat and safety signals
Miriam Lommen, Iris Engelhard, Marcel van den Hout
Utrecht University, The Netherlands

- 116 Novelty processing in obsessive-compulsive disorder. An event-related potential study
Moritz Ischebeck, Tanja Endrass, Rüdiger Spielberg, Norbert Kathmann
Humboldt University Berlin, Germany
- 117 Occupational stress intervention: A comparative evaluation in Brazilian workers
Ana M. Rossi
International Stress Management Association, Brazil
- 118 Post-traumatic stress disorder symptoms in healthcare workers suffering aggressions
Santiago Gascón⁽¹⁾, Miguel Ángel Santed⁽²⁾, Begoña Martínez-Jarreta⁽¹⁾, Agustín Albasa⁽¹⁾, Margarita Olmedo⁽¹⁾
(1) Universidad de Zaragoza, Spain; (2) Universidad Nacional de Educación a Distancia, Spain
- 119 Prediction of therapeutic response to CBT in patients suffering with obsessive compulsive disorder resistant to the treatment with psychopharmacs
Barbora Buliková⁽¹⁾, Jan Prasko⁽¹⁾, Andrea Cinculova⁽¹⁾, Michal Raszka⁽²⁾, Jana Vyskocilova⁽²⁾
(1) University Palacky Olomouv, University Hospital Olomouc, Czech Republic; (2) Prague Psychiatric Centre, Czech Republic
- 120 Effectiveness of an early intervention for panic symptoms: Results of a randomised controlled trial
Peter Meulenbeek⁽¹⁾, Godelief Willemse⁽²⁾, Filip Smit⁽²⁾, Pim Cuijpers⁽¹⁾
(1) VU-University Amsterdam, The Netherlands; (2) Trimbos Instituut, The Netherlands
- 121 Prolonged exposure in acute stress disorder: Effects and outcome predictors
Karin Elsesser, Claudia Freyth, Gudrun Sartory
University of Wuppertal, Germany
- 122 Psychometric properties of the Fear Survey Schedule for Children—25 (FSSC-E-25)
Rosa M. Valiente⁽¹⁾, Bonifacio Sandin⁽¹⁾, Ana Magaz⁽¹⁾, Paloma Chorot⁽¹⁾, Carmen Sanchez-Arribas⁽²⁾
(1) Universidad Nacional de Educacion a Distancia, Spain; (2) Hospital Ubeda, Spain
- 123 Relation between negative beliefs about worry and thought suppression
Yudai Iijima, Yoshihiko Tanno
The University of Tokyo, Japan
- 124 Resistance to extinction is independent of fear relevance: Evidence, from evaluative and classical conditioning
Carina Ugland⁽¹⁾, Benjamin J. Dyson⁽²⁾, Andy Field⁽¹⁾
(1) University of Sussex, UK; (2) Ryerson University, UK
- 125 Specific phobia following mild brain injury associated with traffic accident: A case report
Urša Čizman⁽¹⁾, Barbara Starovasnik⁽²⁾
(1) Institute Republic of Slovenia for Rehabilitation, Slovenia; (2) University Medical Centre, Slovenia
- 126 Stigmatization in OCD and delay of treatment
Andrea Cinculová⁽¹⁾, Barbora Buliková⁽¹⁾, Jan Prasko⁽¹⁾, Michal Raszka⁽²⁾, Jana Vyskocilova⁽²⁾
(1) University Palacky Olomouc, University Hospital Olomouc, Czech Republic; (2) Prague Psychiatric Centre, Czech Republic
- 127 The contribution of neuroticism to the development of posttraumatic stress
Iris Engelhard, Marcel van den Hout, Miriam Lommen
Utrecht University, The Netherlands
- 128 The contribution of social meta-cognitive beliefs to social anxiety
Styliani Gkika, Adrian Wells
University of Manchester, UK
- 129 The meaning of motivational factors in the cognitiv-behavioral treatment of agoraphobia and panic disorder
Petra Maria Ivert, Johannes Mander, Edgar Geissner
Medizinisch Psychosomatische Klinik Roseneck, Germany
- 130 The practice of psychoeducational group program for social anxiety disorder based on cognitive behavior therapy
Atsuko Inoue, Sayaka Kobayashi, Kaoru Sakamoto, Jun Ishigooka
Tokyo Women's Medical University, Japan

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- 131 Virtual reality exposure therapy in the treatment of patients with phobias
Lajos Simon⁽¹⁾, Zsolt Unoka⁽¹⁾, Pal Czobor⁽¹⁾, Tamas Tolgyes⁽¹⁾, Barnabás Takács⁽²⁾
(1) Semmelweis University, Hungary; (2) DigitalElite Inc., USA
- 132 Working memory differences associated with trauma and aging
Melissa David, Grazia Ceschi, Martial Van der Linden
University of Geneva, Switzerland
- 133 Working memory is not a problem in obsessive-compulsive disorder patients with checking behaviours
Anne-Helene Clair⁽¹⁾, Margot Morgieue⁽²⁾, Tiba Baroukh⁽²⁾, Luc Mallet⁽¹⁾, Antoine Pelissolo⁽¹⁾
(1) Pitié Salpêtrière Hospital, France; (2) INSERM U669, Maison de Solenn, France

Saturday

9.00-10.30 Symposia

Symposium 31: The role of emotions and feelings in OCD

Lacroma, Elafiti 1

Convenors: Amelia Gangemi⁽¹⁾, Francesco Mancini⁽²⁾, Amit Lazarov⁽³⁾, Annemiek Polman⁽⁴⁾, Richard Moulding⁽⁵⁾
(1) Cagliari University, Italy; (2) Scuola di Psicoterapia Cognitiva, Rome, Italy; (3) Tel Aviv University, Israel; (4) University of Groningen, The Netherlands; (5) SwinPsyCHE Research Centre, Swinburne University of Technology, Melbourne Australia.

Chair: Francesco Mancini, *Scuola di Psicoterapia Cognitiva, Italy*; Amelia Gangemi, *Cagliari University, Italy*

- 9.00 Dysfunctional beliefs in the process of change of cognitive behavioural treatment in obsessive compulsive checkers
Annemiek Polman⁽¹⁾, Theo K. Bouman⁽²⁾, Paul L.C. Van Geert⁽²⁾, Peter J. De Jong⁽²⁾, Johan A. Den Boer⁽³⁾
(1) Parnassia Bavo Psychiatric Institute, The Netherlands; (2) University of Groningen, The Netherlands; (3) University Medical Center Groningen, The Netherlands
- 9.20 Proxies for internal conviction in obsessive compulsive disorder: A biofeedback study
Amit Lazarov⁽¹⁾, Reuven Dar⁽¹⁾, Yuval Oded⁽²⁾, Nira Liberman⁽²⁾
(1) Tel Aviv University, Israel; (2) Haifa University, Israel
- 9.40 The effects of varying confidence in memory on neuropsychological performance in individuals with high and low obsessive-compulsive symptoms
Kate FitzGerald, Maja Nedeljkovic, Richard Moulding, Michael Kyrios, Claire Ahern
Swinburne University of Technology, Australia
- 10.00 What specific guilt does play a role in OCD?
Francesco Mancini⁽¹⁾, Amelia Gangemi⁽²⁾
(1) Scuola di Psicoterapia Cognitiva, Italy; (2) Cagliari University, Italy

Symposium 32: Prevention and treatment of externalizing behavior problems in children

Lacroma, Elafiti 2

Convenors: Manfred Döpfner, Christopher Hautmann, Tanja Wolff Metternich, *University of Cologne, Germany*

- 9.00 A treatment program for children with excessive peer conflicts – concept and outcome
Manfred Döpfner, Anja Goertz-Dorten
University of Cologne, Germany
- 9.20 An outpatient unit for children with ADHD – patients, assessment routines, interventions and outcome
Tanja Omorac, Tanja Wolff Metternich
University of Cologne, Germany
- 9.40 Which factors influence the longterm course after multimodal therapy in children with Attention-Deficit/ Hyperactivity Disorder and what is the development of intellectual abilities in these children? Results of the 8 ½ year follow-up of the Cologne Adaptive Multimodal Treatment Study (CAMT)
Tanja Wolff Metternich, Stephanie Schürmann, Dieter Breuer, Christiane Rademacher, Manfred Döpfner
University of Cologne, Germany
- 10.00 Efficacy and effectiveness of a parent and teacher based prevention program of disruptive behavior problems in pre-school children
Christopher Hautmann, Ilka Eichelberger, Julia Plück, Manfred Döpfner
University of Cologne, Germany

Symposium 33: Cognitive Processes in Delusion Formation and Persistence: From Basic Research to Therapy

Lacroma, Elafiti 3

Convenors: Marie-Luise Kesting⁽¹⁾, Michael Ziegler⁽¹⁾, Steffen Moritz⁽²⁾, Emmanuelle Peters⁽³⁾

⁽¹⁾ *Philipps-Universität Marburg, Germany*; ⁽²⁾ *Universitäts Klinikum Hamburg Eppendorf, Germany*; ⁽³⁾ *Institute of Psychiatry, London, UK*

Chair: Tania Lincoln, *Philipps-Universität Marburg, Germany*; Antonio Pinto, *Department of Mental Health, Italy*

9.00 Is self-esteem relevant to persecutory delusions?

Marie-Luise Kesting
University of Marburg, Germany

9.20 Jumping to Conclusions and delusions: Change in decision-making due to impending losses

Michael Ziegler⁽¹⁾, Stephanie Mehl⁽²⁾, Winfried Rief⁽²⁾
⁽¹⁾ *Philipps University Marburg*; ⁽²⁾ *Philipps-University Marburg, Germany*

9.40 What works for whom in CBT for psychosis

Emmanuelle Peters
King's College London, UK

10.00 Metacognitive training in schizophrenia: from basic research to knowledge translation and intervention

Steffen Moritz, Ruth Klinge, Sarah Randjbar, Francesca Vitzthum
Universitäts Klinikum Hamburg, Germany

9.00-10.30 Individual papers

Individual papers 22: Addiction

Lacroma, Elafiti 4

Chair: Špela Hvalec, *Psychiatric Hospital Idrija, Slovenia*

9.00 Ecological momentary assessment to analyze variability of craving for diaphin and co-used legal and illegal substances in a population of addicted opioid users undergoing a heroin-assisted treatment

Natasa Milenkovic⁽¹⁾, Simone Munsch⁽²⁾, Otto Schmid⁽³⁾, Gerhard Wiesbeck⁽³⁾, Frank Wilhelm⁽¹⁾
⁽¹⁾ *University of Basel, Switzerland*; ⁽²⁾ *University of Lausanne, Switzerland*; ⁽³⁾ *Psychiatric University Clinics, Switzerland*

9.15 Comparison of four increasingly extensive psychological interventions for smoking cessation: A randomised controlled trial

Viola Spek⁽¹⁾, Marlène Chatrou⁽²⁾, Suzanne van Kempen⁽²⁾, Joost Janssen⁽²⁾, Victor Pop⁽²⁾
⁽¹⁾ *Tilburg University, The Netherlands*; ⁽²⁾ *Maxima Medical Center, The Netherlands*

9.30 Climate Schools: The development and evaluation of an alcohol and cannabis computer-based prevention program for junior high school students

Maree Teesson, Nicola Newton, Laura Vogl, Gavin Andrews
University of New South Wales, Australia

9.45 Cognitive therapy of substance abuse and addiction: Linking Aaron T. Beck's concepts with neurobiology

Ulrich Tacke
University of Kuopio, Finland

Saturday

- 10.00 Exposure therapy: A treatment for problem gambling
Jane Oakes, Benjamin Riley
Statewide Gambling Therapy Service, Australia
- 10.15 A cognitive behavioral group treatment program for depression in a methadone maintenance unit:
A pilot study
Penelope Papadopoulou⁽¹⁾, Diana Charila⁽²⁾
(1) OKANA (Organization Against Drugs), Greece; (2) University of Athens, Greece

Individual papers 23: Cognitions and psychopathology

Lacroma, Bokar

Chair: Dražen Begić, *University of Zagreb, Croatia*

- 9.00 Investigation of early maladaptive schema among normal, depressive, anxiety, bulimic and
borderline personality disorder samples
Zsolt Unoka, Lajos Simon, Pál Czobor
Semmelweis University, Hungary
- 9.15 Attachment priming attenuates social cognitive negativity in borderline, but not avoidant
personality
David Bowles⁽¹⁾, Björn Meyer⁽²⁾
(1) Sheffield Hallam University, UK; (2) University Medical Center Hamburg-Eppendorf, Germany
- 9.30 The applicability of the maladaptive cognitive schema construct to the multi-ethnic South African
context
Stephen Walker, Karel Esterhuysen
University of the Free State, South Africa
- 9.45 Autonomy-targeted interventions: Core characteristics and effects
Marrie Bekker, Marcel Croon
Tilburg University, The Netherlands
- 10.00 Anger and cognitions in violent and non-violent offenders
Simona Chereji⁽¹⁾, Alina Decsei-Radu⁽²⁾, Carmen Bora⁽²⁾
(1) Bihor Court, Romania; (2) University of Oradea, Romania

Individual papers 24: Sexual abuse

Lacroma, Asimon

Chair: Jernej Vidmar, *University Clinical Centre, Slovenia*

- 9.00 The Development of best practice guidelines for sexual abuse counselling in Aotearoa/New Zealand:
Practitioner and consumer perspectives on what works in therapy
Cheryl Woolley, Jan Dickson
Massey University, New Zealand
- 9.25 Disorders of body image in patients with posttraumatic stress disorder following childhood sexual
abuse and patients with borderline personality disorder
Anne S. Dyer⁽¹⁾, Eva Reinelt⁽²⁾, Rebecca Weiss⁽²⁾, Martin Bohus⁽²⁾, Elisabeth Borgmann⁽³⁾
*(1) Central Institute of Mental Health, Germany; (2) University Mannheim, Germany; (3) Central Institute for
Mental Health, Karlsruhe, Germany*
- 9.50 Is there "one outstanding therapeutic model" with proven effectiveness for working with survivors
of rape/sexual assault and/or childhood sexual abuse? A New Zealand Study
Jan Dickson, Cheryl Woolley
Massey University, New Zealand

Individual papers 25: Dementia; Elderly

Lacroma, Divona 1

Chair: Miranda Novak, *University of Zagreb, Croatia*

9.00 Anxiety in dementia: Adaptation of cognitive-behavioural treatment

Minna Hynninen⁽¹⁾, Inger Hilde Nordhus⁽¹⁾, Monica Breivik⁽²⁾⁽¹⁾ *University of Bergen, Norway*; ⁽²⁾ *Haugesund Hospital, Norway*

9.20 Controlled trial of dementia training for aged care staff

Marita McCabe⁽¹⁾, Tanya Davison⁽¹⁾, Sarah Visser⁽¹⁾, Catherine Hodgson⁽²⁾, Greg Buchanan⁽²⁾⁽¹⁾ *Deakin University, Australia*; ⁽²⁾ *Eastern Health, Australia*

9.40 Volitional and motivational competences as predictors of treatment outcome in psychotherapy and psychosomatic rehabilitation: Similarities and differences between adults and elderly

Simon Forstmeier⁽¹⁾, Maya Caviezel-Pecelj⁽¹⁾, Heinz Rüdell⁽²⁾⁽¹⁾ *University of Zurich, Switzerland*; ⁽²⁾ *St. Franziska-Stift, Germany*

10.00 Risk factors of Adjustment Disorders in old age

Simon Forstmeier, Birgit Wagner, Andreas Maercker

*University of Zurich, Switzerland***9.00-12.30 In-congress workshops**

You can still book your place at the registration desk (75 EUR).

W20: Integrating imagery rescripting with art therapy in the treatment of traumatic memoriesAnja Moeller, *Schoen Klinik Bad Bramstedt, Germany*Mervin Smucker, *Medical College of Wisconsin, USA*

Hotel President/ Olipa 1

W21: Dialectical Behaviour Therapy for PTSD and Pervasive Emotional Dyscontrol (DBT-PTSD) - a new treatment for patients suffering from Posttraumatic Stress Disorder plus comorbid disorders after childhood sexual abuseRegina Steil⁽¹⁾, Anne Dyer⁽²⁾, Kathlen Priebe⁽²⁾, Martin Bohus⁽²⁾⁽¹⁾ *University Frankfurt Main, Germany*; ⁽²⁾ *Central Institute for Mental Health Mannheim, Germany*

Hotel President/ Olipa 2

W22: Multifaceted assessment and treatment of erectile dysfunction: Cognitive behavioral, mechanical, and pharmacological interventionsSharon Freeman⁽¹⁾, Chris Steidle⁽²⁾, David Pollifrone⁽²⁾, Janet Casperson⁽²⁾⁽¹⁾ *Center for Brief Therapy & Indiana/Purdue University, USA*; ⁽²⁾ *Northeast Indiana Research, LLC, Indiana, USA*

Hotel President/ Olipa 3

W23: Changing thoughts and beliefs to reduce OCD symptomsSabine Wilhelm⁽¹⁾, Gail Steketee⁽²⁾⁽¹⁾ *Harvard Medical School, USA*; ⁽²⁾ *Boston University, USA*

Hotel President/ Tajan

W24: Cognitive behavioral interventions for adolescent mood disorders

Lorie Ritschel, W. Edward Craighead
Emory University School of Medicine, USA

Hotel President/ Ruda

10.30-11.00 Coffee break

11.00-11.45 Invited lectures

Towards the development of an integrated CBT provision within a large organisation offering services to people with mental health problems and/or learning disabilities

Metka Shawe-Taylor, *Surrey and Borders Partnership NHS Foundation Trust, UK*

Lacroma, Elafiti 1

Neuroscience and cognitive therapy - From Laboratory to Clinical Setting

Tullio Scrimali, *University of Catania, Italy*

Lacroma, Elafiti 3

12.00-13.30 Symposia

Symposium 34: Recent advances in understanding OC-spectrum disorders: Interplay between basic and treatment research

Lacroma, Elafiti 1

Convenors: Ulrike Buhlmann⁽¹⁾, Kiara Timpano⁽²⁾, Jeanne Fama⁽³⁾, Sabine Wilhelm⁽⁴⁾
(1) Humboldt University Berlin, Germany; (2) Florida State University, USA; (3) Massachusetts General Hospital, USA; (4) Harvard Medical School, USA

Discussant: Gail Steketee, *Boston University School of Social Work, USA*

- 12.00 Untangling the roles of impulsivity and compulsivity in compulsive hoarding
Kiara Timpano, Norman B. Schmidt
Florida State University, USA
- 12.20 Parenting behaviors characteristic of influential childhood relationships in individuals with OCD spectrum disorders
Jeanne Fama⁽¹⁾, Ulrike Buhlmann⁽¹⁾, Eric Macklin⁽²⁾, Gail Steketee⁽³⁾
(1) Humboldt University Berlin, Germany; (2) Massachusetts General Hospital, USA; (3) Boston University, USA
- 12.40 Modular cognitive-behavioral therapy for body dysmorphic disorder: A randomized controlled trial
Sabine Wilhelm⁽¹⁾, Katharine A. Phillips⁽²⁾, Elizabeth Didie⁽²⁾, Ulrike Buhlmann⁽²⁾, Gail Steketee⁽³⁾
(1) Harvard Medical School, USA; (2) Butler Hospital, USA; (3) Boston University, USA
- 13.00 The meaning of beauty: Implicit and explicit self-esteem and attractiveness beliefs in body dysmorphic disorder
Ulrike Buhlmann⁽¹⁾, Bethany A. Teachman⁽²⁾, Eva Naumann⁽³⁾, Tobias Fehlinger⁽³⁾, Winfried Rief⁽³⁾
(1) Humboldt University, Germany; (2) University of Virginia, USA; (3) Marburg University, Germany

Symposium 35: Childhood anxiety: The role of the parents

Lacroma, Elafiti 2

Convenors: Barbara Hoff Esbjørn⁽¹⁾, Peter Muris⁽²⁾, Julia Patzelt⁽³⁾, Sam Cartwright-Hatton⁽⁴⁾, Mette Hoeyer⁽⁵⁾, Corine O van der Bruggen⁽⁶⁾

University of Copenhagen, Denmark; ⁽²⁾ *Erasmus University Rotterdam, The Netherlands;* ⁽³⁾ *University of Muenster, Germany;* ⁽⁴⁾ *University of Manchester, UK;* ⁽⁵⁾ *University of Copenhagen, Denmark;* ⁽⁶⁾ *University of Amsterdam, The Netherlands*

- 12.00 Mom told me that this animal is scary: Parents installing fear beliefs in their children via the negative information pathway
Peter Muris, Lisanne van Zwol
Erasmus University, The Netherlands
- 12.15 Copenhagen Child Anxiety Project, CCAP. A new model for involvement of parents in treatment
Mette Hoeyer, Barbara Hoff Esbjørn, Ingrid Leth
Copenhagen University, Denmark
- 12.30 Worrying and metacognitions concerning worrying in children and their mothers
Julia Patzelt, Tanja Andor, Katy Wittig, Alexander L. Gerlach
University of Münster, Germany
- 12.45 A new cognitive-behavioural parenting intervention for young anxious children: Mediators and moderators of outcome
Sam Cartwright-Hatton
University of Manchester, UK
- 13.00 The role of mediators and moderators in a comparison of father vs. mother treatment for parents of children with an anxiety disorder
Corine O. van der Bruggen, Susan M. Bögels
University of Amsterdam, The Netherlands

Symposium 36: Emotional processes in delusion formation and persistence: From basic research to therapy

Lacroma, Elafiti 3

Convenors: Stefan Westermann⁽¹⁾, Antonio Pinto⁽²⁾, Emmanuelle Peters⁽³⁾, Tania Lincoln⁽¹⁾

⁽¹⁾ *Philipps-Universität Marburg, Germany;* ⁽²⁾ *Piazza Ettore Vitale, Napoli, Italy;* ⁽³⁾ *King's College London*

Chair: Tania Lincoln, *Philipps-Universität Marburg, Germany;* Antonio Pinto, *Department of Mental Health, Italy*

- 12.00 Daily life changes in psychotic symptom dimensions, appraisals and affect during Cognitive Behaviour Therapy
Emmanuelle Peters⁽¹⁾, Inez Myin-Germeys⁽²⁾, Kathryn Greenwood⁽²⁾, Elizabeth Kuipers⁽²⁾, Philippa Garety⁽²⁾
⁽¹⁾ *King's College London, UK;* ⁽²⁾ *University of Maastricht, The Netherlands*
- 12.20 Emotion regulation and persecutory delusions: an exploratory online-survey
Stefan Westermann, Tania Lincoln
Philipps-Universität Marburg, Germany
- 12.40 Testing the threat-anticipation model of persecutory delusions: The impact of anxiety on paranoid thoughts
Tania Lincoln
Philipps-Universität Marburg, Germany
- 13.00 A mindfulness approach to psychotic symptoms
Antonio Pinto
Department of Mental Health, Italy

Symposium 37: PTSD and traumatic stress as a result of armed conflict among hospital personnel

Lacroma, Elafiti 4

Convenor: Menachem Ben-Ezra *Ariel University Center of Samaria, Israel*

Chair: Nir Essar, *Psagot Institute, Israel*

- 12.00 Pre-traumatic vaccination (PTV) a workshop held before the traumatic event is feasible and successful: Implication to hospital personnel
Nir Essar⁽¹⁾, Yuval Palgi⁽²⁾, Menachem Ben-Ezra⁽³⁾, Tammy Essar⁽³⁾, Merav Barkavi-Shani⁽³⁾
(1) Psagot Institute, Israel; (2) Tel Aviv University, Israel; (3) Ariel University Center of Samaria, Israel
- 12.20 Psychiatric symptoms among hospital personnel during the Israel-Gaza armed conflict
Menachem Ben-Ezra⁽¹⁾, Nir Essar⁽²⁾, Yuval Palgi⁽³⁾, Jonathan Jacob Wolf⁽⁴⁾
(1) Ariel University Center of Samaria, Israel; (2) Psagot Institute, Israel; (3) Tel Aviv University, Israel; (4) Trinity College, Ireland
- 12.40 Psychiatric symptoms among hospital personnel: A comparison of the Israel-Gaza Armed conflict to the second Lebanese war
Menachem Ben-Ezra⁽¹⁾, Yuval Palgi⁽²⁾, Nir Essar⁽³⁾, Jonathan Jacob Wolf⁽⁴⁾
(1) Ariel University Center of Samaria, Israel; (2) Tel Aviv University, Israel; (3) Psagot Institute, Israel; (4) Trinity College, Ireland
- 13.00 Collecting data during armed conflict: The case of the Israel-Gaza war
Jonathan Jacob Wolf⁽¹⁾, Menachem Ben-Ezra⁽²⁾, Yuval Palgi⁽³⁾, Nir Essar⁽⁴⁾
(1) Trinity College, Ireland; (2) Ariel University Center of Samaria, Israel; (3) Tel Aviv University, Israel; (4) Psagot Institute, Israel

Symposium 38: Towards increased availability of cognitive behavioural interventions for people with a visible difference

Lacroma, Bokar

Convenors: Alex Clarke⁽¹⁾, Andrew Thompson⁽²⁾, Elizabeth Jenkinson⁽³⁾, Alyson Bessell⁽³⁾

(1) Royal Free Hospital, London, UK; (2) University of Sheffield, UK; (3) University of the West of England, UK

Chair and discussant: Alex Clarke, *University of the West of England, UK*

- 12.00 Identifying factors and processes contributing to successful adjustment to disfiguring conditions
Elizabeth Jenkinson
University of the West of England, UK
- 12.20 Developing an intervention for people with visible
Alex Clarke⁽¹⁾, Diana Harcourt⁽²⁾
(1) Royal Free Hospital, UK; (2) University of the West of England, UK
- 12.40 Evaluation of a computer based cognitive behavioural intervention for individuals with visible differences
Alyson Bessell⁽¹⁾, Tim Moss⁽¹⁾, Alex Clarke⁽²⁾, Nichola Rumsey⁽²⁾, Diana Harcourt⁽¹⁾
(1) University of the West of England, UK; (2) Royal Free Hospital, UK
- 13.00 A qualitative investigation of change and stability in psychological adjustment to appearance
Andrew Thompson
University of Sheffield, UK

12.00-13.00 Individual papers

Individual papers 26: Mental health

Lacroma, Asimon

Chair: Zoran Pavlovič, *Counseling Center Ljubljana, Slovenia*

- 12.00 Predicting drop out in a weight loss program
Lotte Theuwis, Caroline Braet
University Ghent, Belgium
- 12.20 STEPS: a multi-level, multi-purpose CBT primary care mental health service for common mental health problems
Jim White
NHS Greater Glasgow and Clyde, Scotland
- 12.40 Improving romanian child welfare services
Oana Alexandra Gavita
Babes-Bolyai University, Romania

12.00-13.30 Meet the expert session 1

Working with PTSD, Complex Trauma and Dissociative Identity Disorder (DID)

Claudia Herbert, *The Oxford Stress and Trauma Centre, UK*

Lacroma, Divona 1

12.00-13.30 Meet the expert session 2

Michael Bruch, *University College London, UK*

Antonio Prioglio, *London Metropolitan University, UK*

Lacroma, Divona 2

13.30-14.30 Lunch break

Lacroma, restaurant

9.00-13.30 Posters

Lacroma, Exhibition hall (Foyer)

General topics: **eating disorders, addictions, couple & sexual problems, severe psychological problems**

Authors will be present for discussion from 10.00 to 11.00

Saturday

- 134 A comparison of cognitive behavioral therapy models with Bulimia & Anorexia Nervosa and Binge Eating Disorders
Chrysoula Kostogiannis⁽¹⁾, Vasiliki Yannopoulou⁽²⁾
(1) The American College of Greece, Greece; (2) Hellenic Institute for Rational-Emotive and Cognitive-Behavioral Therapy, Greece
- 135 Acamprosate and integrated behaviour therapy in the outpatient treatment of alcohol dependents
Wolfgang H. Strauss, Nicole Frommann, Wolfgang Woelwer
Psychiatric clinic University of Duesseldorf, Germany
- 136 Attention Training Technique in a single case of Schizo-Affective Disorder with Auditory Hallucinations
Karin Carter
Greater Manchester West Mental Health Trust, UK
- 137 Autobiographical memory and problem solving in bipolar disorder
Marie Boulanger, Aurélie Lejeune, Sylvie Blairy
Université de Liège, Belgium
- 138 Biopsychosocial determinants of women's sexual experiences: results from a Portuguese sample
Sandra Vilarinho⁽¹⁾, Pedro Nobre⁽²⁾
(1) Universidade de Coimbra, Portugal; (2) Universidade de Tras-os-Montes e Alto Douro, Portugal
- 139 Body checking and avoidance in overweight subjects with and without binge eating disorder
Rossano Bisciglia, Erika Cordovani, Igor Dodig, Gaetana Pascuzzo, Susanna Pizzo
Istituto Miller, Italy
- 140 Couples' relationship and perinatal loss: Initial steps to developing a psychological intervention protocol
Marco Pereira⁽¹⁾, Ana Fonseca⁽¹⁾, Maria Cristina Canavarro⁽¹⁾, Isabel Narciso Davide⁽²⁾
(1) University of Coimbra, Portugal; (2) University of Lisbon, Portugal
- 141 Development and initial validation of an adolescent version of Tylka's Intuitive Eating Scale
Carlo Chiorri⁽¹⁾, Valeria Battini⁽¹⁾, Antonella Arata⁽²⁾
(1) University of Genoa, Italy; (2) Eating Disorder Unit, Genoa, Italy
- 142 Disordered eating amongst OCD patients
Lynne Drummond
St. George's University, UK
- 143 Does staging in bipolar disorder influence response to psychosocial treatment?
Maria Reinares⁽¹⁾, Adriane R. Rosa⁽¹⁾, Francesca Colom⁽¹⁾, Flavio Kapczinski⁽²⁾, Eduard Vieta⁽¹⁾
(1) Hospital Clinic Barcelona, Spain; (2) Hospital de Clínicas de Porto Alegre, Spain
- 144 Does the level of alcohol consumption at pre-treatment mediate treatment efficacy?
Mirjana Subotic, Andrew J. Baillie, Lexine Stapinski, Ronald M. Rapee, Maree J. Abbott, Jonathan E. Gaston, Joanne Wagner
Macquarie University, Australia
- 145 Eating related intrusive thoughts in Eating Disorder patients with high and low obsessive symptoms.
Maria Roncero⁽¹⁾, Sergio Sánchez-Reales⁽²⁾, Conxa Perpinya⁽¹⁾, Nuria Reina López⁽³⁾
(1) Universitat de València, Spain; (2) CIBER Fisiopatología de la Obesidad y Nutrición (CIBEROBEN) Instituto Salud Carlos III., Spain; (3) Salut Mental, Corporació Sanitària Parc Taulí, Spain
- 146 Effectiveness of a cognitive-behavioural therapy group for patients with obsessive-compulsive personality disorder
Marti Santacana, Anna Soler Roca, Lorena Fernández-de-la-Cruz, Montse Bartroli, Roser Guillamat
Consorti Sanitari de Terrassa, Spain
- 147 Emotional awareness in Borderline Personality Disorder in Taiwan
Chui-De Chiu⁽¹⁾, Lih-Chih Jou⁽²⁾, Hai-Gow Hwu⁽¹⁾, Sheng-Feng Lin⁽¹⁾
(1) National Taiwan University, Taiwan; (2) Shin-Kong Wu-Ho-Su Memorial Hospital, Taiwan

- 148 Evaluation of an inference-based approach to treating Body Dysmorphic Disorder: Preliminary results
Annie Taillon⁽¹⁾, Kieron O'Connor⁽¹⁾, Gilles Dupuis⁽²⁾, Anick Laverdure⁽²⁾
(1) Université du Québec à Montréal, Canada; (2) Université du Québec en Outaouais, Canada
- 149 Exposure therapy for problem gambling: A treatment model , longitudinal data and 12 month follow up from a problem gambling therapy service
Jane Oakes, Benjamin Riley
Statewide Gambling Therapy Service, Australia
- 150 Facial emotion recognition as a building block of social cognition in schizophrenia: psychophysiological correlates of emotion processing
Sarolta Komlósi, Ágnes Mészáros, Sára Bálint , Pál Czobor, István Bitter
Semmelweis University, Hungary
- 151 Feedback processing and decision-making in patients with borderline personality disorder
Beate Schuermann⁽¹⁾, Babette Renneberg⁽²⁾, Norbert Kathmann⁽²⁾, Tanja Endrass⁽²⁾
(1) Humboldt-Universität Berlin, Germany; (2) Freie Universität Berlin, Germany
- 152 Food restriction leads to binge eating dependent upon the effect of the brain-derived neurotrophic factor Val66Met polymorphism
Kirsti Akkermann, Kelli Hiio, Inga Villa, Jaanus Harro
University of Tartu, Estonia
- 153 Group intervention in specific social skills and theory of mind in autism spectrum disorders
Mireia Querol, Brunel Cristina, Laura García, Lali Piera, Rebeca Gracia, Montse Pamias
Hospital Parc Tauli Sabadell, Spain
- 154 Impulsivity assessment in substance abusers: association between different techniques and addiction severity
Raquel Martínez Gimenez⁽¹⁾, Daniel Vega⁽²⁾, Guigou Maria Jesus⁽²⁾, Angel Soto⁽²⁾, Jose Antonio Monreal⁽¹⁾
(1) Corporación Sanitaria Parc Tauli, Spain; (2) Hospital General De Igualada, Spain
- 155 Marital satisfaction and emotional communication in couples with an alcoholic member
Marie Dethier, Christelle Counerotte, Sylvie Blairy
Université de Liège, Belgium
- 156 Marital satisfaction, emotion, and mental health in parents of child with Autism Spectrum
Sylvie Blairy, Cathy Léonard, Christelle Counerotte
Université de Liège, Belgium
- 157 Narcissism as a (dis)functional personality trait
Marlies Marissen⁽¹⁾, Ingmar Franken⁽²⁾
(1) PsyQ, ParnassiaBavoGroep, The Netherlands; (2) Erasmus University Rotterdam, The Netherlands
- 158 Obsessive-Compulsive Personality Disorder: Relationship between anger and depressive symptoms
Irene Ramos, Ana Soler I Roca, Martí Santacana, Isabel de-María, Roser Guillamat
Consorti Sanitari de Terrassa, Spain
- 159 Perceived emotional intelligence and expressed emotion in a Spanish sample of caregivers of patients suffering from schizophrenia
Vanessa Sallent Muñoz, Jesús Cobo, Alba Franquesa
Consorti Hospitalari Parc Taulí, Spain
- 160 Rational emotive behavior therapy and medication in the treatment of erectile dysfunction. A randomized clinical trial
Daniel David⁽¹⁾, Ramona Moldovan⁽¹⁾, Ioan Coman⁽²⁾, Daniel Porav-Hodade⁽²⁾
(1) Babes-Bolyai University, Romania; (2) Iuliu Hatieganu University of Medicine and Pharmacy, Romania
- 161 Risk factors inside the personality dimension in the case of violent offenders
Alina-Ramona Decsei-Radu⁽¹⁾, Chereji Simona Veronica⁽²⁾
(1) University of Oradea, Romania; (2) Bihor Court, Romania

Saturday

- 162 Sexual Functioning: differences between men and women regarding Personality and Cognitive Schemas
Ana Luísa Quinta Gomes, Pedro Nobre
Universidade Trás-os-Montes e Alto Douro, Portugal
- 163 Significance of assertive and coping behavior in the conceptualisation of eating disorders
Tamás Tölgyes, Zsolt Unoka, Pal Czobor
Semmelweis University, Hungary
- 164 Strategic approach to coping: Differences between substance-addict and non-clinical groups
Eduardo José Pedrero Pérez⁽¹⁾, Miguel Ángel Santed Germán⁽²⁾, Ana María Pérez García⁽²⁾
(1) Instituto de Adicciones, Madrid Salud, Spain; (2) Universidad Nacional de Educación a Distancia, Spain
- 165 The effects of Omega-3 fatty acids (Fish oil) in patients with Personality Disorder
Linda Schaap⁽¹⁾, Marlies Marissen⁽¹⁾, A.J.W. van der Does⁽²⁾
(1) PsyQ, ParnassiaBavogroep, The Netherlands; (2) Leiden University, The Netherlands
- 166 The importance of self-compassion to psychotherapy: Its protective capacity to eating disorder and negative affect's vulnerability;
Cláudia Ferreira, Carla Andrade, José Pinto Gouveia
Universidade de Coimbra, Portugal
- 167 The self-schema stability in schizophrenia
Marie Boulanger⁽¹⁾, Marie Dethier⁽¹⁾, Nathalie Jacob⁽²⁾, Francis Gendre⁽³⁾, Sylvie Blairy⁽³⁾
(1) Université de Liège; (2) Etablissement de défense sociale de Paifve; (3) Université de Lausanne, Switzerland
- 168 Trauma and posttraumatic stress disorder in patients with schizophrenia or schizoaffective disorder
Miriam Lommen⁽¹⁾, Kathleen Restifo⁽²⁾
(1) Utrecht University, The Netherlands; (2) Maastricht University, The Netherlands
- 169 Vienna CBT-study in patients with bipolar disorder: quality of life in bipolar I and II patients
Andrea Bergthaler, Gerhard Lenz, Beatrix Breit-Gabauer, Sabine Demelbauer, Itha Stampfer
Univ. Klinik für Psychiatrie, Austria

14.30-15.15 Closing keynote address

Development of Interventions for Generalized Anxiety Disorder: Past Erroneous Paths and Promising Future Paths

Tom Borkovec, *The Pennsylvania State University, USA*

Lacroma, Elafiti hall

15.15-16.30 Closing ceremony